

Manhattan Community Board 4

(All Fields Must Be Completed)

Liquor License Stipulations Application

CORPORATION NAME		DOING BUSINESS AS (DBA)	
LTF Club Operations Company, Inc.		Life Time Fitness	
STREET ADDRESS		CROSS STREETS	ZIP CODE
605 West 42nd Street		West 42nd Street & 11th Ave.	10036
OWNER <i>(Attach a list of all the people that will be associated/listed with the license)</i>	NAME: Life Time Fitness, Inc.	ATTORNEY/ REPRESENTATIVE	NAME: Adam Luebke
	PHONE: (952) 947-0000		PHONE: (952) 401-2570
	EMAIL: licensing@lifetimefitness.com		EMAIL: ALuebke@lifetimefitness.com
MANAGER	NAME: Ioanna Zacharopoulou	LANDLORD	NAME: 605 West 42nd Owner LLC
	PHONE: 212-564-1300		PHONE: 212-808-4000
	EMAIL: IZacharopoulou@lifetimefitness.com		EMAIL: mitchell@moiniangroup.com
APPLICATION TYPE (Check One)			
<input checked="" type="radio"/> New	Has applicant owned or managed a similar business?	<input checked="" type="radio"/> YES	<input type="radio"/> NO
	What is/was the name and address of establishment?	- Please see attached. -	
	What were the dates applicant was involved with this former premise?	Current	
<input type="radio"/> Transfer	What is the prior license # and expiration date?		
	Is applicant making any alterations or operational changes?	<input type="radio"/> YES	<input type="radio"/> NO
	<i>If alterations or operational changes are being made, please describe/list all changes.</i>		
<input type="radio"/> Alteration	What is the current license # and expiration date?		
	<i>Please list/describe the nature of all the changes and attach the plans:</i>		
METHOD OF OPERATION			
TYPE OF ALCOHOL	<input checked="" type="radio"/> Liquor/Wine/Beer <input type="radio"/> Beer <input type="radio"/> Wine & Beer		
ESTABLISHMENT TYPE	<input checked="" type="radio"/> Restaurant <input type="radio"/> Cabaret <input type="radio"/> Night Club <input type="radio"/> Hotel <input type="radio"/> Bar/Tavern <input type="radio"/> Catering Establishment <input type="radio"/> Adult Entertainment <input type="radio"/> Wine Bar <input type="radio"/> Dance Club <input type="radio"/> Sports Bar <input type="radio"/> Club (Fraternal Organization – Members Only)		
Has applicant/owner filed with the SLA? If yes, when? If no, when do you plan to file?	<input type="radio"/> YES	<input checked="" type="radio"/> NO	We will file after the Community Board 4 Meeting.
Is the 500 Foot Rule applicable? If yes, please attach a diagram of the On-Premise liquor license establishments within a 500 ft. radius of your establishment and the Public Interest Statement.	<input checked="" type="radio"/> YES	<input type="radio"/> NO	- Please see attached. -
Is the 200 Foot Rule applicable? If yes, please attach a diagram of the schools and houses of worship that trigger the rule.	<input type="radio"/> YES	<input checked="" type="radio"/> NO	
Has applicant/owner(s) read MCB4 Policy Regarding Concentration and Location of Alcoholic-Serving Establishments?	<input checked="" type="radio"/> YES	<input type="radio"/> NO	

OPERATIONAL DETAILS (*Closing time will be when establishment is vacated of all patrons)								
HOURS* (Indoor Only)		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Operation	5 AM - 11 PM	5 AM - 11 PM	5 AM - 11 PM	5 AM - 11 PM	5 AM - 10 PM	7 AM - 10 PM	7 AM - 10 PM
	Kitchen	TBD	TBD	TBD	TBD	TBD	TBD	TBD
	Music	5 AM - 11 PM	5 AM - 11 PM	5 AM - 11 PM	5 AM - 11 PM	5 AM - 10 PM	7 AM - 10 PM	7 AM - 10 PM
If you plan to have music, what type(s)? (Circle all that apply)			<input checked="" type="radio"/> BACKGROUND	<input type="radio"/> LIVE MUSIC	<input type="radio"/> DJ	<input type="radio"/> JUKE BOX	<input type="radio"/> KARAOKE	
OCCUPANCY								
	Capacity (Certificate of Occupancy)	Maximum # of Persons You Anticipate Occupying Premises (Including Employees)	Number of Tables	Number of Seats	Number of Service Only Bars	Number of Stand-Up Bars	Number of Seats at Stand-Up Bar	
INSIDE	986	750	18	75	0	0	0	
OUTSIDE (Other than sidewalk cafe)	338	300	TBD	300	0	0	0	
SIDEWALK CAFE	-	-	-	-				
How many floors are there? What is the capacity for each floor?					4 Floors: Cellar 267; 1st Floor - 35; 3rd Floor - 684 Second Floor is not used as part of the club			
How frequently will the owner(s) be at the establishment?					At least monthly			
Will you be applying or intending to apply for a cabaret license with DCA? If yes, will there be dancing?					YES	<input checked="" type="radio"/> NO		
Will applicant have bottle or table service for beverage alcohol?					<input checked="" type="radio"/> YES	NO		
Will you be hosting private; promotional or corporate events?					<input checked="" type="radio"/> YES	NO	Occasionally	
Will outside promoters be used on a regular basis? If yes please describe.					YES	<input checked="" type="radio"/> NO	Bidg. complex has a door man.	
Will you have a security plan? If, yes please attach.					YES	<input checked="" type="radio"/> NO		
Will security plan be implemented?					YES	<input checked="" type="radio"/> NO		
Will State certified security personnel be used?					YES	<input checked="" type="radio"/> NO		
Will New York Nightlife Association and NYPD Best Practices be followed?					YES	<input checked="" type="radio"/> NO		
Will applicant be using delivery bicycles? If yes, how many?					YES	<input checked="" type="radio"/> NO		
Will delivery bicycles be clearly marked with the name of the restaurant and will staff wear attire clearly noting name as described by NYC Law?					YES	<input checked="" type="radio"/> NO		
Where will delivery bicycles be stored during the day when not in use?								

LOCATION & ZONING		
Is this a Special District? If yes, is it Clinton, West Chelsea or Hudson Yards?	<input checked="" type="radio"/> YES	<input type="radio"/> NO
Does the building have a Certificate of Occupancy ("C of O") or a letter of no objection?	<input checked="" type="radio"/> YES	<input type="radio"/> NO
Is a Public Assembly permit required?	<input checked="" type="radio"/> YES	<input type="radio"/> NO
Are your plans filed with DOB?	<input checked="" type="radio"/> YES	<input type="radio"/> NO

Community Notification/Relations		
NOTIFICATION: List all block associations; tenant associations, co-op boards or condo boards of residential buildings; and community groups that applicant has notified regarding its application. For each please list both the organization and individual you contacted	# 1	- Please see attached. -
	# 2	- Please see attached. -
	# 3	- Please see attached. -
	# 4	- Please see attached. -
	# 5	- Please see attached. -
Please provide dates when applicant met with the groups listed above.	Sent notification e-mails on 1/20; mailed letters 1/21	
Who was your contact person at each group you met with?	- Please see attached. -	
When did applicant post the notice that was provided?	Sent notification e-mails on 1/20; mailed letters 1/21	
Where did applicant post the notice that was provided?	Sent notification e-mails on 1/20; mailed letters 1/21	
Will applicant provide owner cell phone number to neighbors and respond to complaints that arise? Please provide number in space provided.	<input type="radio"/> YES	<input checked="" type="radio"/> NO Please call club at 212-564-1300
Will applicant inform the Community Board office of its job openings and/or provide a hyperlink to applicants jobs webpage?	<input checked="" type="radio"/> YES	<input type="radio"/> NO https://apply.lifetimefitness.com/jobs?page=1&brand=Club

BUILDING DESIGN			
State the name and type of business previously located in the space.	N/A - New Construction		
Has a liquor-licensed establishment previously occupied this space at any time? If yes, please provide the name of the business.	YES	<input checked="" type="radio"/> NO	
Do you plan any changes to the existing façade? If yes, please describe.	<input checked="" type="radio"/> YES	NO	Construction in progress
Will applicant have a vestibule within the establishment?	YES	<input checked="" type="radio"/> NO	
Will applicant use a storm enclosure?	YES	<input checked="" type="radio"/> NO	
Will applicant not place any items or obstructions on the sidewalk, for example, sandwich boards, sidewalk signs, freestanding menus and plants, as per the law?	YES	<input checked="" type="radio"/> NO	
Will applicant comply with the NYC noise code?	<input checked="" type="radio"/> YES	NO	
Will the establishment have any of the following: (circle all that apply)	<input type="checkbox"/> FRENCH DOORS	<input type="checkbox"/> GARAGE DOORS	<input type="checkbox"/> WINDOWS THAT CAN BE OPENED
Will applicant close all windows, French doors, garage doors when any music or amplified sound (including televisions) is played inside the establishment?	YES	NO	N/A
Will applicant close all windows, French doors, garage doors by 11 PM Friday and Saturday and 10 PM on all other days even if no music or amplified sound is played inside the establishment?	YES	NO	N/A - Outdoor area will close at either 7 PM or 9 PM depending on time of year
Has applicant obtained an acoustical report from a certified sound engineer to assess potential noise disturbance to the neighboring residents and buildings?	<input checked="" type="radio"/> YES	NO	
Will applicant follow the recommendations of a certified sound engineer to mitigate potential noise disturbance to the neighboring residents and buildings, including placing speakers on the floor of the establishment?	<input checked="" type="radio"/> YES	NO	
Will the kitchen exhaust system extend to the roof?	YES	<input checked="" type="radio"/> NO	Extends to north elevation at 3rd floor
Will the establishment have an illuminated sign?	<input checked="" type="radio"/> YES	NO	
Will the establishment have a canopy extending over the sidewalk?	YES	<input checked="" type="radio"/> NO	
Where will the air conditioner be located? What type is it?	2nd Fl mezzanine - Main Supply; Above 3rd Fl Ceiling and Cellar		
When was the air conditioner installed?	Pool Equipment Room - Health Club Type: Titus DTQP-04 and 06 and Daiken CAH006GHAC respectively Installed within the last 5 months		

OUTDOOR ITEMS - OTHER THEN SIDEWALK CAFÉ			
Has the applicant/owner(s) read MCB 4 Rear Yard Rooftop Policy?	<input checked="" type="radio"/> YES	<input type="radio"/> NO	
Will applicant use any outdoor spaces: rooftop, rear yard, patio, porch, balcony, pavilion, tents, deck or gazebo? If yes, which one(s)?	<input checked="" type="radio"/> YES	<input type="radio"/> NO	Rooftop
Are the floorplans for the outdoor space(s) included?	<input checked="" type="radio"/> YES	<input type="radio"/> NO	
Will applicant close and vacate the outdoor space(s) by 11PM on Friday & Saturday and 10 PM on all other days?	<input checked="" type="radio"/> YES	<input type="radio"/> NO	Outdoor space closes either at 7 PM or 9 PM depending on the time of year
Will the service and consumption of alcohol in any outdoor space only be via seated food service?	YES	<input checked="" type="radio"/> NO	
Will applicant not allow standing space for patrons to drink or smoke in any outdoor space(s)?	<input checked="" type="radio"/> YES	<input type="radio"/> NO	No smoking is allowed.
Will there be no amplified music, as per the law?	<input checked="" type="radio"/> YES	<input type="radio"/> NO	No amplified music.
If amplified sound is played inside the establishment, will windows and doors be closed?	<input checked="" type="radio"/> YES	<input type="radio"/> NO	
Will applicant agree to post signs outside asking customers to respect the neighbors?	<input checked="" type="radio"/> YES	<input type="radio"/> NO	All applicable noise laws will be enforced.
Will applicant agree to train staff to encourage a peaceful environment?	<input checked="" type="radio"/> YES	<input type="radio"/> NO	All applicable laws will be enforced.
Will applicant provide effective sound control (landscaping enclosure, soundproofing tenants apartments)	<input checked="" type="radio"/> YES	<input type="radio"/> NO	
Will there be a lighting plan that allows safe usage of the outdoor space without disrupting neighbors?	<input checked="" type="radio"/> YES	<input type="radio"/> NO	

OUTDOOR ITEMS – SIDEWALK CAFÉ		
Has the applicant/owner(s) read MCB4 Sidewalk Café Policy?	YES	NO
Will applicant be applying for a sidewalk café now or in the future?	YES	NO
Is applicant in this application seeking to include a sidewalk café in its liquor license?	YES	NO
If yes, has applicant submitted an application and plans to NYC Dept. of Consumer Affairs? Please attach application and plans.	YES	NO
Will applicant close and vacate the sidewalk café by 11 PM on Friday & Saturday and 10 PM on all other days?	YES	NO
Will applicant be serving alcohol in the sidewalk café? If so, will you have waiter service?	YES	NO
Will the café have a 3 ft. wide serving aisle running the entire length of the sidewalk cafe?	YES	NO
Will applicant mark the perimeter of the café on the sidewalk?	YES	NO
Will the service and consumption of alcohol in the sidewalk café only be via seated food service?	YES	NO
Will the sidewalk café not provide standing space for drinking or smoking?	YES	NO
Will applicant use any portable natural gas heaters? If so, do you have the requisite approvals from DOB & the Fire Department?	YES	NO
Will applicant have a lighting plan that will allow safe usage of the outdoor space without disrupting neighbors?	YES	NO
Will all furniture, plants and barricades be stored inside between the evening closing hours and the morning opening hours?	YES	NO
Will all furniture be stored inside between December 21 st and March 21 st , and any other day when it rains or snows?	YES	NO
Will applicant use umbrellas?	YES	NO
If construction or construction protection has reduced the sidewalk width, will applicant always maintain an 8 foot clear path of sidewalk between the perimeter of the café and the closes obstruction including construction barricades?	YES	NO

ADDITIONAL STIPULATIONS: (Office Use Only)

- No amplified sound outside


To the extent any additional stipulation on pages 7 and 8 of this application conflicts with any response on pages 1 – 6 of this application, the stipulations on pages 7 and 8 control.

ADDITIONAL STIPULATIONS: (Office Use Only), *Continued*

To the extent any additional stipulation on pages 7 and 8 of this application conflicts with any response on pages 1 – 6 of this application, the stipulations on pages 7 and 8 control.


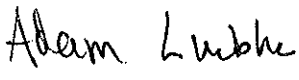

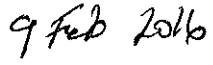
Manhattan Community Board 4 (MCB4) recommends:	<input type="radio"/> Denial unless all stipulations agreed to by applicant/owner are part of the method of operation <input type="radio"/> Denial <input type="radio"/> Approval
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CB4 REPRESENTATIVES

Nelly Gonzalez <i>CB4 Assistant District Manager</i>	Frank Holozubiec <i>CB4 BLP Committee Co-Chair</i>	 Burt Lazarin <i>CB4 BLP Committee Co-Chair</i>
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APPLICANT AGREEMENT WITH THE COMMUNITY

Applicant agrees to these stipulations as the basis for the community support of this application and acknowledges that all of these stipulations are essential prerequisites to the MCB4 recommendation regarding this application. Applicant agrees to have these stipulations incorporated in the method of operation of its liquor license. The stipulations in this application constitute the entire agreement between MCB4 and applicant and may only be altered in writing signed by MCB4 and applicant. These stipulations supersede any oral statements or representations in connection with this application.

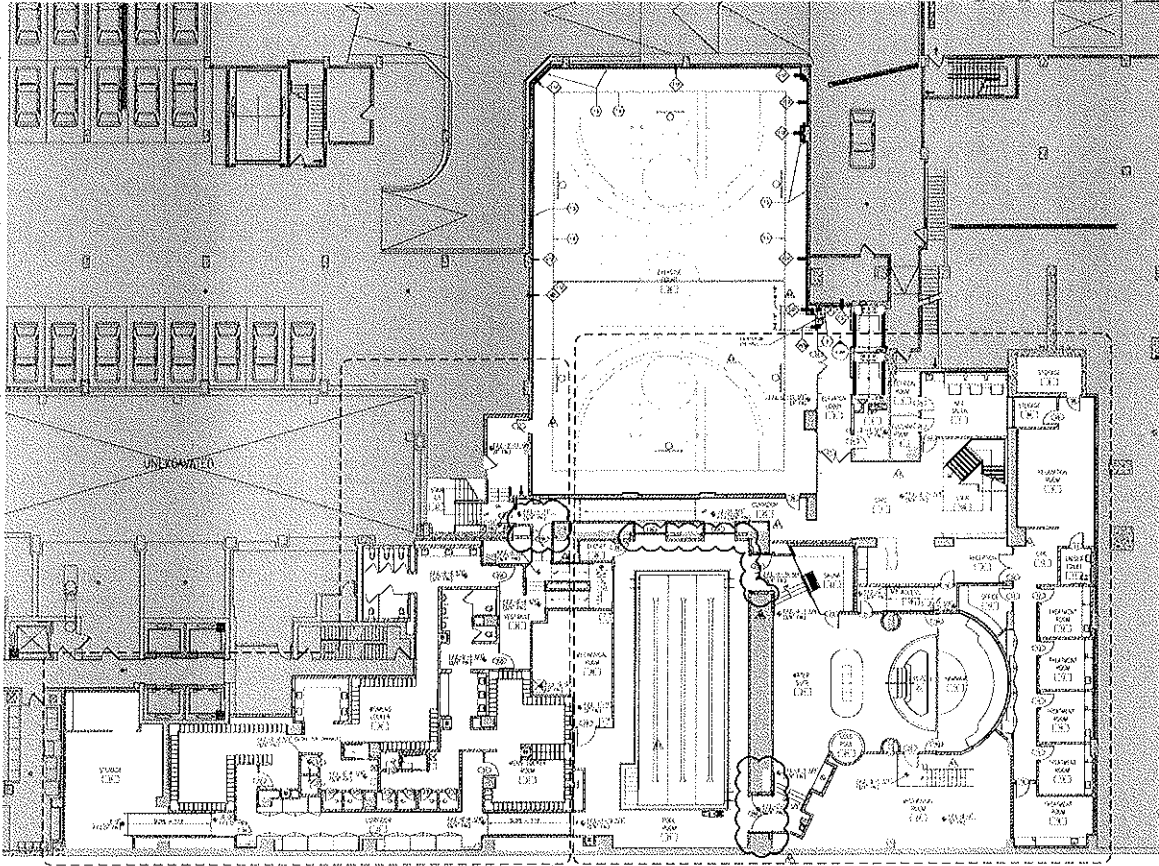
SIGN HERE 	 PRINT NAME OF APPLICANT	 SIGNATURE OF APPLICANT	 DATE
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• NO AMPLIFIED SOUND
 • OUTSIDE

NOTES:

1. SEE GENERAL NOTES ON THIS DRAWING.
2. HOUSE NUMBER SHALL BE 605 W. 42ND ST.
3. ALL DIMENSIONS ARE TO FACE UNLESS NOTED OTHERWISE.
4. FINISH FLOOR TO BE INDICATED BY A DOTTED LINE. FINISH FLOOR TO BE INDICATED BY A DOTTED LINE. FINISH FLOOR TO BE INDICATED BY A DOTTED LINE.
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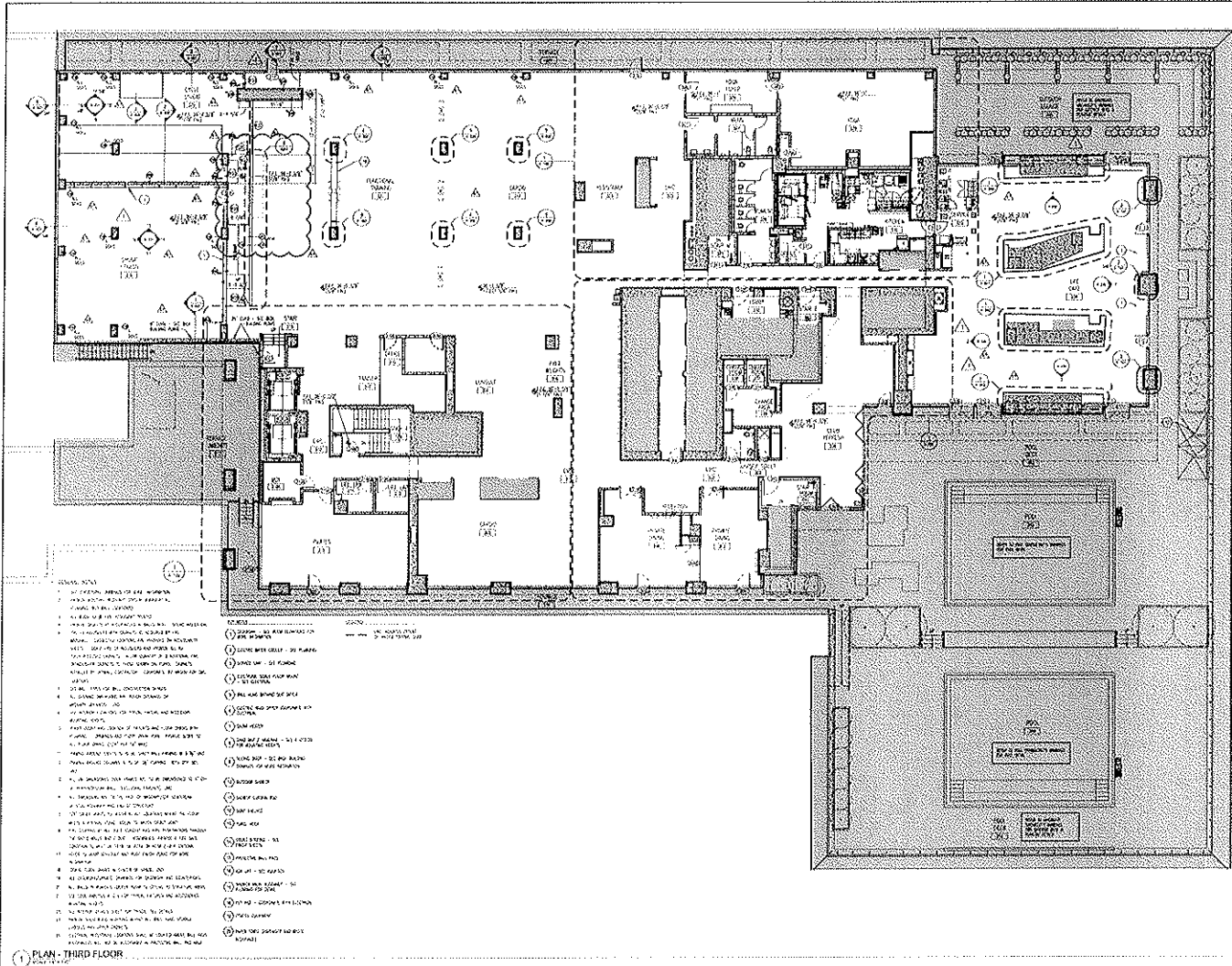
1 PLAN - CELLAR FLOOR

605 W. 42nd Street
New York, New York

SPRINKLERS

A-100.01
ISSUED FOR CONSTRUCTION

PLAN - CELLAR FLOOR



LIFETIME

605 W. 42nd Street
New York, New York

PLAN - THIRD FLOOR

A-103.00

ISSUED FOR CONSTRUCTION

- GENERAL NOTES**
1. ALL EXISTING WALLS TO REMAIN UNLESS INDICATED OTHERWISE.
 2. ALL EXISTING FLOORS TO REMAIN UNLESS INDICATED OTHERWISE.
 3. ALL EXISTING CEILING TO REMAIN UNLESS INDICATED OTHERWISE.
 4. ALL EXISTING DOORS TO REMAIN UNLESS INDICATED OTHERWISE.
 5. ALL EXISTING WINDOWS TO REMAIN UNLESS INDICATED OTHERWISE.
 6. ALL EXISTING STAIRS TO REMAIN UNLESS INDICATED OTHERWISE.
 7. ALL EXISTING ELEVATORS TO REMAIN UNLESS INDICATED OTHERWISE.
 8. ALL EXISTING MECHANICAL EQUIPMENT TO REMAIN UNLESS INDICATED OTHERWISE.
 9. ALL EXISTING ELECTRICAL EQUIPMENT TO REMAIN UNLESS INDICATED OTHERWISE.
 10. ALL EXISTING PLUMBING EQUIPMENT TO REMAIN UNLESS INDICATED OTHERWISE.
 11. ALL EXISTING FIRE PROTECTION EQUIPMENT TO REMAIN UNLESS INDICATED OTHERWISE.
 12. ALL EXISTING SECURITY EQUIPMENT TO REMAIN UNLESS INDICATED OTHERWISE.
 13. ALL EXISTING ACCESSIBILITY EQUIPMENT TO REMAIN UNLESS INDICATED OTHERWISE.
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 15. ALL EXISTING FURNITURE TO REMAIN UNLESS INDICATED OTHERWISE.
 16. ALL EXISTING LIGHTING TO REMAIN UNLESS INDICATED OTHERWISE.
 17. ALL EXISTING SOUNDING TO REMAIN UNLESS INDICATED OTHERWISE.
 18. ALL EXISTING VENTILATION TO REMAIN UNLESS INDICATED OTHERWISE.
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 20. ALL EXISTING COOLING TO REMAIN UNLESS INDICATED OTHERWISE.
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 22. ALL EXISTING CURBS TO REMAIN UNLESS INDICATED OTHERWISE.
 23. ALL EXISTING SIDEWALKS TO REMAIN UNLESS INDICATED OTHERWISE.
 24. ALL EXISTING STREETS TO REMAIN UNLESS INDICATED OTHERWISE.
 25. ALL EXISTING UTILITIES TO REMAIN UNLESS INDICATED OTHERWISE.
 26. ALL EXISTING STRUCTURE TO REMAIN UNLESS INDICATED OTHERWISE.
 27. ALL EXISTING FOUNDATION TO REMAIN UNLESS INDICATED OTHERWISE.
 28. ALL EXISTING ROOF TO REMAIN UNLESS INDICATED OTHERWISE.
 29. ALL EXISTING EXTERIOR WALLS TO REMAIN UNLESS INDICATED OTHERWISE.
 30. ALL EXISTING INTERIOR WALLS TO REMAIN UNLESS INDICATED OTHERWISE.
 31. ALL EXISTING PARTITIONS TO REMAIN UNLESS INDICATED OTHERWISE.
 32. ALL EXISTING SCREENS TO REMAIN UNLESS INDICATED OTHERWISE.
 33. ALL EXISTING GLAZING TO REMAIN UNLESS INDICATED OTHERWISE.
 34. ALL EXISTING CASING TO REMAIN UNLESS INDICATED OTHERWISE.
 35. ALL EXISTING TRIM TO REMAIN UNLESS INDICATED OTHERWISE.
 36. ALL EXISTING MOLDINGS TO REMAIN UNLESS INDICATED OTHERWISE.
 37. ALL EXISTING COATINGS TO REMAIN UNLESS INDICATED OTHERWISE.
 38. ALL EXISTING FINISHES TO REMAIN UNLESS INDICATED OTHERWISE.
 39. ALL EXISTING MATERIALS TO REMAIN UNLESS INDICATED OTHERWISE.
 40. ALL EXISTING METHODS TO REMAIN UNLESS INDICATED OTHERWISE.
 41. ALL EXISTING PROCEDURES TO REMAIN UNLESS INDICATED OTHERWISE.
 42. ALL EXISTING STANDARDS TO REMAIN UNLESS INDICATED OTHERWISE.
 43. ALL EXISTING CODES TO REMAIN UNLESS INDICATED OTHERWISE.
 44. ALL EXISTING REGULATIONS TO REMAIN UNLESS INDICATED OTHERWISE.
 45. ALL EXISTING ORDINANCES TO REMAIN UNLESS INDICATED OTHERWISE.
 46. ALL EXISTING LAWS TO REMAIN UNLESS INDICATED OTHERWISE.
 47. ALL EXISTING CONSTITUTIONS TO REMAIN UNLESS INDICATED OTHERWISE.
 48. ALL EXISTING AGREEMENTS TO REMAIN UNLESS INDICATED OTHERWISE.
 49. ALL EXISTING CONTRACTS TO REMAIN UNLESS INDICATED OTHERWISE.
 50. ALL EXISTING DEEDS TO REMAIN UNLESS INDICATED OTHERWISE.

LCDS153212

LifeCafe 42nd Street Athletic Menu Copy

11/17/15

Breakfast

Charge up your morning

Omelet of the Day 8.49

Chef's choice made with organic cage-free eggs & served with ancient-grains roll & organic butter

NUTRITIONAL INFORMATION AVAILABLE UPON REQUEST.

Crisp Bacon & Egg Sandwich 7.99

Organic cage-free eggs, nitrate-free bacon, Swiss cheese & red pepper mayo on toasted ciabatta

731 CAL 28g PROTEIN 56g CARB 42g FAT 2g FIBER

Black Bean Hummus Wrap 8.99

Black bean hummus, tomatillo salsa, three-cheese blend, guacamole & Spanish rice in whole wheat tortilla

710 CAL 26g PROTEIN 98g CARB 26g FAT 20g FIBER

Power Plate Breakfast 8.79

Grass-fed beef with red onion, peppers (green, poblano & red), achiote-chipotle sauce with tomatillo salsa served with ancient-grains roll & organic butter

532 CAL 24g PROTEIN 28g CARB 34g FAT 4g FIBER

Coffee & Tea

Buttery Coconut Coffee 12, 16, 20oz \$3.79/4.29/4.79

Lavazza coffee blended with coconut oil, (deleted cocoa nibs) cinnamon & organic butter

16oz serving: 236 Cal 0g Protein 2g Carb 26 Fat 1g Fiber

	12oz	16oz	20oz
Regular or Decaf Coffee	1.89	2.19	2.49
Latte or Cappuccino	3.39	3.89	4.39
Americano	2.89	3.19	3.89

Espresso	2.49	2.79	3.09
Organic Hot Tea	1.99	2.39	2.79

Shakes & Smoothies

Made with organic fruit, milk and orange Juice

Green Tea Matcha Shake \$6.99

Organic coconut milk, avocado, Greek yogurt, honey, matcha & vanilla grass-fed whey protein

671 Cal 30g Protein 29g Carb 52g Fat 7g Fiber

Cocoa Matcha Shake \$7.49

Almond milk, honey, organic cocoa nibs, matcha & chocolate grass-fed whey protein

322 Cal 25g Protein 34g Carb 14g Fat 9g Fiber

Body Builder Shake \$7.49

Organic 2% milk, two organic fruits, Greek yogurt, creatine & vanilla grass-fed whey protein

321 Cal 47g Protein 16g Carb 7g Fat 0g Fiber

Mocha Madness Shake \$6.99

Organic 2% milk, Mocha Java Boost & vanilla grass-fed whey protein

350 Cal 30g Protein 37g Carb 9g Fat 1g Fiber

Strawberry Sunrise Smoothie \$6.99

Organic strawberries & banana, organic orange juice & vanilla grass-fed whey protein

259 Cal 22g Protein 40g Carb 3g Fat 3g Fiber

Napa Valley Smoothie \$6.99

Organic orange juice, organic beet puree & strawberries, coconut & vanilla grass-fed whey protein

274 Cal 22g Protein 30g Carb 9g Fat 3g Fiber

The Ultimate Protein \$7.49

Includes 20 grams of grass-fed whey protein and you choose:

Your Base:	Add Two:		Boost It for \$1.25
Almond milk	Avocado	Mango	Chia, Flax or Hemp Seeds
Organic coconut milk	Banana	Peanut Butter	Cocoa Nibs
Organic milk	Beet Puree	Pineapple	Dynamic Greens
Organic OJ	Blueberry	Raspberry	Energy Boost
	Coconut	Spinach	Generation UCAN®
	Kale	Strawberry	Grass-Fed Whey Protein
			L-Glutamine
			VeganMax SM

Nutritional information available upon request.

Ultimate Bowls
Layer on the flavor

Southwest Bowl \$7.49

Spinach, red onion, peppers (green, poblano & red), achiote-chipotle sauce & Spanish rice. Served with guacamole, tomatillo salsa, cilantro crema & two corn tortillas.

692 Cal 12g Protein 77g Carb 39g Fat 12g Fiber

-Chef recommends adding Mahi Mahi-

Asian Bowl \$7.49

Kale slaw, red onion, snow peas, carrot, green beans, red cabbage, bok choy & sesame oil with quinoa, brown rice & lentils served with house-made curry vinaigrette. Served with a sesame seed bun & organic butter.

681 Cal 10g Protein 59g Carb 47g Fat 10g Fiber

-Chef recommends adding Chicken Breast-

Mediterranean Bowl \$8.79

Arugula, zucchini, yellow squash, mushroom, red pepper, broccoli, asparagus, onion, carrot & herb blend with quinoa. Served with tandoori naan bread, tzatziki & Drew's® Greek olive dressing.

510 Cal 19g Protein 65g Carb 21g Fat 8g Fiber

-Chef recommends adding Sockeye Salmon-

All-Out Veggie Bowl \$9.29

Spinach & arugula with zucchini, yellow squash, red pepper, broccoli, asparagus, onion, carrot & balsamic-marinated portabella mushroom served with house-made pesto

711 Cal 17g Protein 31g Carb 62 Fat 8g Fiber

Alpha Bowl \$14.99

Spinach and arugula with zucchini, yellow squash, mushrooms, red pepper, broccoli, asparagus, onion & carrot with brown rice, quinoa, lentils & an **Alpha** serving of your choice of protein. Served with pesto & tzatziki

648 Cal 20g Protein 50g Carb 44g Fat 9g Fiber

Hand-Tossed Salads

Served with ancient-grains roll & organic butter, finished with super seed blend

Greek Olive \$8.99

Romaine, kalamata olives, red onion, feta, tomato & cucumber tossed with Drew's Greek olive dressing

343 Cal 11g Protein 20g Carb 26g Fat 9g Fiber

~~-Chef recommends adding Sockeye Salmon-~~

Orchard Harvest \$8.29

Spinach & romaine, red apple, roasted sweet potato, craisins & candied walnuts tossed with house-made apple cider vinaigrette

695 Cal 9g Protein 62g Carb 42g Fat 12g Fiber

~~-Chef recommends adding Turkey Burger-~~

Caprese Portabella \$8.49

Spinach, roasted portabella mushroom, tomato, mozzarella & basil tossed with Drew's® rosemary balsamic dressing

517 Cal 17g Protein 28g Carb 39g Fat 7g Fiber

~~-Chef recommends adding Chicken Breast-~~

LifeCafe Spinach \$8.99

Spinach, red onion, candied walnuts, craisins & blue cheese tossed with Drew's® rosemary balsamic dressing

588 Cal 15g Protein 42g Carb 37g Fat 8g Fiber

~~-Chef recommends adding Beef Burger-~~

Add protein to your bowl or salad

- Black Bean Burger \$ 3
- Cage-Free Chicken Breast \$3
- Cajun-Spiced Turkey Burger \$4
- Grass-Fed Beef Burger \$4
- Nitrate-Free Bacon \$3
- Wild-Caught Sockeye Salmon \$6

Drew's® Natural Dressings

- Chipotle Ranch 74 Cal
- Greek Olive 79 Cal
- Ranch 74 Cal
- Rosemary Balsamic 91 Cal
- Tahini Goddess 79 Cal

Sandwiches

Served with a seasonal side

Pesto Chicken Sandwich \$9.29

Cage-free chicken breast, tomato, pesto, goat cheese & arugula on toasted ciabatta

782 Cal 44g Protein 58g Carb 43g Fat 3g Fiber

Pecan Crusted Salmon \$10.29

Sockeye salmon, tomato, spinach, mustard tarragon vinaigrette on toasted gluten-free seeded bun

716 Cal 32g Protein 39g Carb 48g Fat 4g Fiber

Grass-Fed Beef Burger Single \$9.29 Alpha \$13.29

Grass-fed beef burger, romaine, tomato, cheddar & house-made black pepper mayo on toasted gluten-free seeded bun

837 Cal 30g Protein 36g Carb 62g Fat 2g Fiber

Pesto Turkey Burger Single \$9.29 Alpha \$13.29

Cajun-spiced turkey burger, pesto, Swiss, tomato & romaine on toasted gluten-free seeded bun

657 Cal 45g Protein 40g Carb 38g Fat 3g Fiber

Turkey Avocado \$8.99

Oven-roasted turkey, romaine, avocado & tomato with house-made black pepper mayo on toasted ciabatta

667 Cal 34g Protein 59g Carb 35g Fat 5g Fiber

California Chicken ~~\$9.49~~

Cage-free chicken breast, Swiss cheese, red pepper, romaine, avocado & tomato with house-made black pepper mayo on toasted ciabatta

757 Cal 35g Protein 60g Carb 40g Fat 4g Fiber

Ancient-Grains Flatbread

Nutrient-rich and naturally gluten-free

Pesto Chicken \$10.99

Cage-free chicken breast with house-made pesto, tomato and three-cheese blend

953 Cal 40g Protein 69g Carb 58g Fat 4g Fiber

Pepperoni & Mushroom \$10.99

Nitrate-free pepperoni, balsamic-marinated portabella and three-cheese blend

829 Cal 21g Protein 88g Carb 44g Fat 5g Fiber

BBQ Chicken \$10.99

Cage-free chicken breast & BBQ sauce, three-cheese blend garnished with cilantro

810 Cal 39g Protein 102g Carb 27g Fat 3g Fiber

Caprese Portabella \$10.99

Balsamic-marinated portabella mushroom, spinach, mozzarella & tomato

636 Cal 14g Protein 81g Carb 30g Fat 5g Fiber

Four Cheese \$9.99

Pizza sauce & four-cheese blend with Italian seasoning

676 Cal 27g Protein 74g Carb 30g Fat 3g Fiber

605 West 42nd Street, Manhattan
Block 1090, Lot 23

Photo #1



605 West 42nd Street, Manhattan
Block 1090, Lot 23

Photo #2



605 West 42nd Street, Manhattan
Block 1090, Lot 23

Photo #3



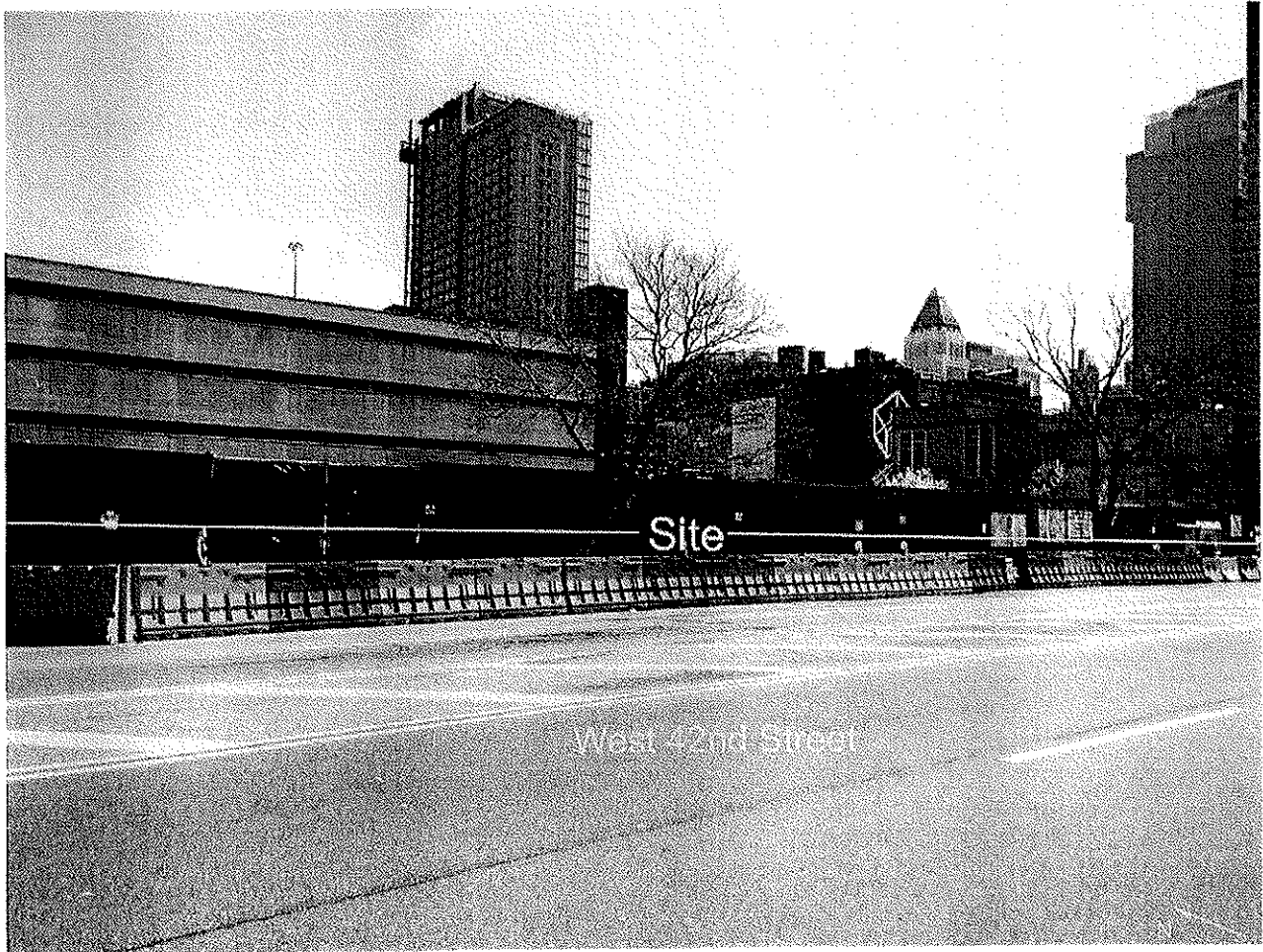
605 West 42nd Street, Manhattan
Block 1090, Lot 23

Photo #4



605 West 42nd Street, Manhattan
Block 1090, Lot 23

Photo #5



605 West 42nd Street, Manhattan
Block 1090, Lot 23

Photo #6



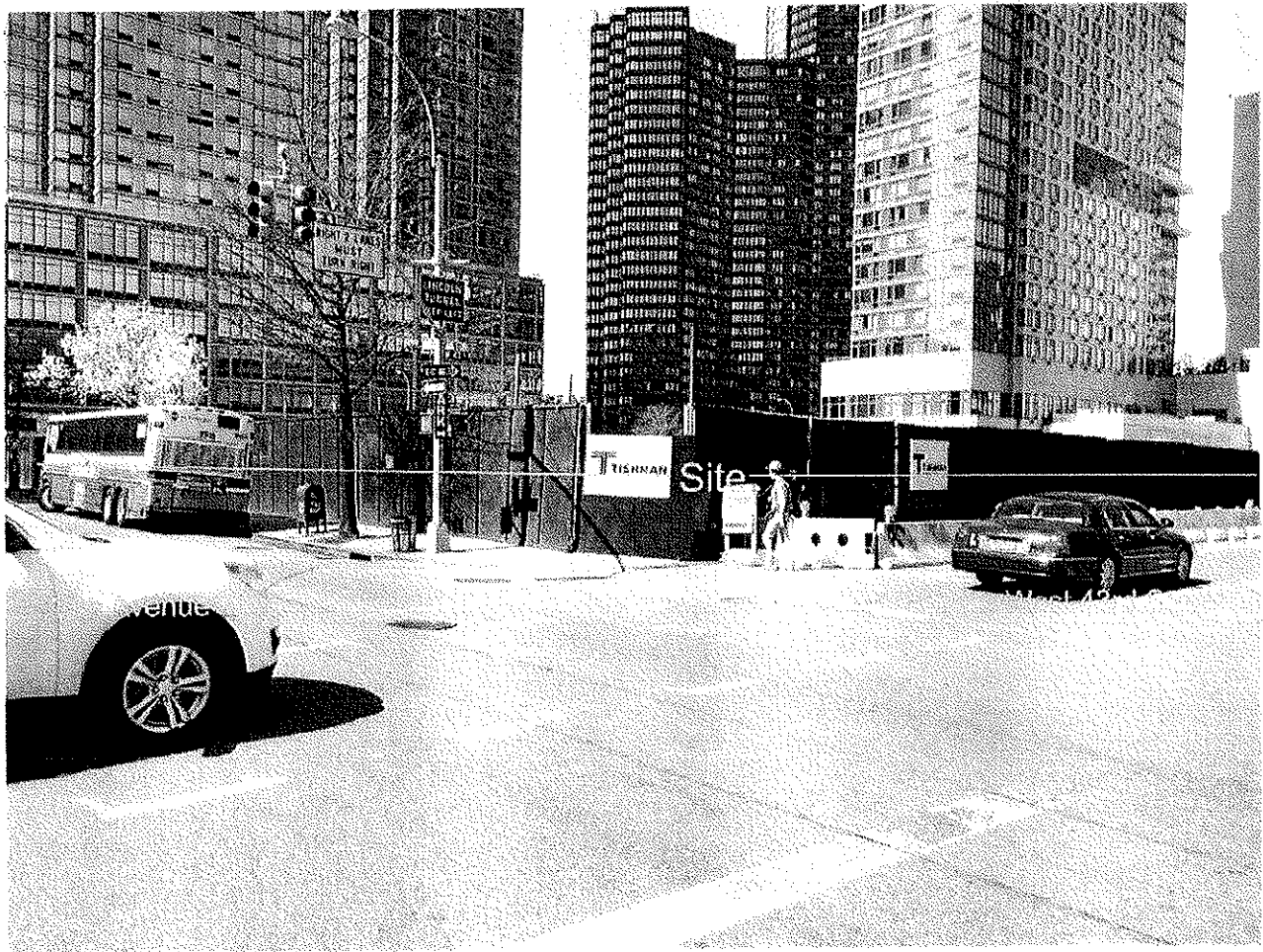
605 West 42nd Street, Manhattan
Block 1090, Lot 23

Photo #7



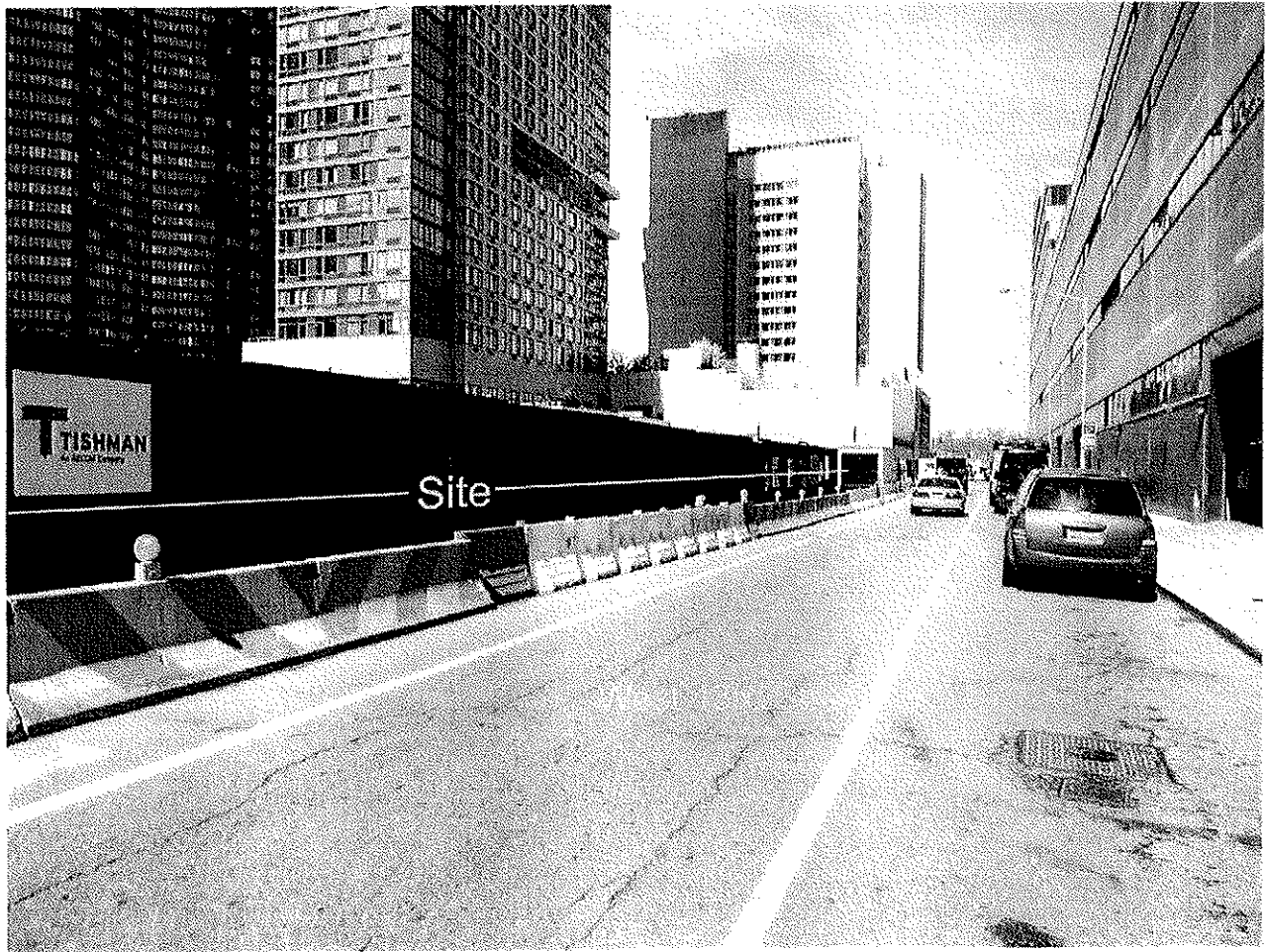
605 West 42nd Street, Manhattan
Block 1090, Lot 23

Photo #8



605 West 42nd Street, Manhattan
Block 1090, Lot 23

Photo #9



 Save  Bulk Entry

Location

Address to plot

Description

(Optional) enter a description for this location

Add location to map

	Life Time Fitness	605 W 42nd St, New York, NY 10036, USA	 
	La Vela Ristorante, Inc.	558 11th Ave, New York, NY 10036, USA	 
	635 Catering, LLC	635 W 42nd St, New York, NY 10036, USA	 
	LJJ Food Corp.	572 11th Ave, New York, NY 10036, USA	 
	Lucky Strike Manhattan, LLC	660 W 42nd St, New York, NY 10036, USA	 

LTF Club Operations Company, Inc. doing business as Life Time Fitness

605 West 42nd Street, New York, NY 10036

Application for Alcoholic Beverage Control Retail License (On-Premises)

Statement for 500 Foot Hearing

Office of New York State Liquor Authority

Introduction

Life Time Athletic at Sky (“Applicant”) occupies the bottom four floors of the 60-floor mixed use Sky building located near or in the Chelsea and Clinton/Hell’s Kitchen historical residential areas (the “Community”). The proposed licensed portion of Applicant’s fitness facility will be the Life Café and the connected outdoor service area on the third floor. Nearby businesses include a bowling alley, grocery store, luxury apartment properties and restaurants. Applicant is strategically located to introduce an unparalleled fitness experience through programs and certified fitness professionals to the residents of the Community who choose to become members of the fitness facility. In order to promote social interaction and a sense of community and to provide a respite from the challenging fitness experience offered at its fitness facility, Applicant seeks a license to offer cocktails, wine and beer to accompany the food served in the Life Café and the connected outdoor service area.

Applicant understands and acknowledges the challenges, nuisances and inconveniences recent development in the area has caused the residents of the Community, especially those caused by the increasingly heavy concentration of alcohol establishments. The Life Café and the connected outdoor service area will be operated deliberately to avoid contributing to the challenges, nuisances and inconveniences often complained about by the residents of the Community.

Legal Standard

Applicant seeks to obtain an on-premises liquor with beer and wine license. There are three (3) on-premises licensed establishments within 500 feet of the proposed premises. The three (3) on-premises licensed establishments within 500 feet of the proposed premises are as follows:

1. La Vela Dining & Bar, 558 11th Avenue, New York, NY 10036
2. LJJ Food Corp, 572 11th Avenue, New York, NY 10036
3. Lucky Strikes Lanes, 624 660 W. 42nd Street, New York, NY 10036

The Alcoholic Beverage Control Law (“ABC Law”) limits the ability of the New York State Liquor Authority (the “Authority”) to issue on-premises retail licenses where there are existing licensed establishments within 500 feet of an applicant’s proposed premises. If the proposed premises are subject to the 500 foot rule, the license cannot be issued unless the Authority makes an affirmative finding that it is in the public interest to issue to the license. When considering whether it would be in the public interest to approve the application, the Authority may consider factors set forth under ABC Law 64(6-a), which are:

- (a) the number, classes and character of licenses in proximity to the location and in the particular municipality;
- (b) evidence that all necessary permits have been obtained from the state and all governing bodies;
- (c) the effect of granting the license on vehicular traffic and parking in proximity to the location;
- (d) the existing noise level at the location and any increase in noise level that would be generated by the proposed premises;
- (e) the history of liquor violations and reported criminal activity at the proposed premises; and
- (f) any other factors specified by law or regulation that are relevant to determine the public convenience and advantage and public interest of the community.

Each of these factors will be addressed in the Discussion section below.

Discussion

(a) the number, classes and character of licenses in proximity to the location and in the particular municipality

Applicant's address is 605 West 42nd Street, New York, NY 10036. Applicant will operate its fitness facility from the 60 floor mixed use Sky building, a residential building complex with commercial businesses occupying space on the premises.

As previously addressed, there are three on-premises licensed establishments within 500 feet of the proposed premises. However, Applicant's operations are distinct from the other three on-premises licensed establishments. Two of the three on-premises establishments are primarily restaurant establishments that are open to the general public. Applicant is primarily a fitness facility and its Life Café and connected outdoor serving area will be restricted, subject to limited exceptions, to its members. The other on-premises licensed establishment is a bowling alley, which serves alcohol to be enjoyed while participating in bowling and game related activities. At Applicant's facility, cocktails, beer and wine will be offered and consumed within the confines of the Life Café and connected outdoor serving area. Applicant intends for the Life Café and connected outdoor serving area to be separate from fitness activities taking place in the other areas of its fitness facility.

Of the other three on-premises licensed establishments, the bowling alley remains open the latest, closing at 1 AM. One of the two restaurants appear to be permanently closed (yet the restaurant still holds an active on-premises license according to the Authority website) and the other closes at 11 PM. Applicant will be open 7 days a week and open no later than 11 PM. The hours of the outdoor service area connected to the Life Café will be consistent with the criteria set forth by the Manhattan Community Board 4. Although Applicant operates primarily as a fitness facility, the Life Café operates as a restaurant to serve Applicant's members and non-members only under limited exceptions, which is evidenced by the menu submitted with the application.

(b) evidence that all necessary permits have been obtained from the state and all governing bodies

Applicant presents testimony for the record, emphasizing that the Life Café and connected outdoor serving area will be a restaurant serving food and cocktails, beer and wine until 11 PM at the latest, and will not be a night club. The connected outdoor serving area will be open no later than 9 PM.

Applicant is a responsible and legally compliant business. A copy of the permits needed to operate are submitted with the application, or were filed for and are currently pending.

(c) the effect of granting the license on vehicular traffic and parking in proximity to the location

Applicant's primary function is to operate a fitness facility for the benefit of its members. Its fitness facility will be overwhelmingly occupied and used by its members (and non-members only under limited exceptions). It is unlikely that significantly more traffic or parking related inconveniences will be caused by cocktails, beer and wine being offered at the Life Café and connected outdoor serving area than would be generated by Applicant's fitness facility if the license was not granted and the cocktails, beer and wine were not available.

Applicant is not seeking to obtain a liquor license to provide cocktails, beer and wine to the general public. Instead, Applicant seeks to obtain the liquor license for the benefit of its members. For this reason, traffic and parking will not be substantially impacted, because it is unlikely membership will be obtained and the facilities will be frequented by members solely for the purpose of consuming alcohol. There are other on-premises establishments in the area that are better suited to accommodate individuals who desire only to consume alcohol.

In addition, Applicant expects that many of the members will be neighborhood residents so traffic and parking should be even less of a concern.

(d) the existing noise level at the location and any increase in noise level that would be generated by the proposed premises

The premises will have one outdoor serving area, and the hours of its accessibility will be consistent with the criteria set forth by Manhattan Community Board 4. The outdoor serving area will be accessible from 6AM to 7PM (Columbus Day to Memorial Day) and 6AM to 9PM (Memorial Day to Columbus Day). The outdoor serving area is on the 3rd floor of the Sky building and is a roof top area with a pool and terrace. The ambient noise level during the hours of operation will be negligible since Applicant's fitness facility only has background music playing for its members. This music would be played whether or not the premises included the Life Café. The music is provided for the enjoyment of the members using the facility to exercise. Applicant's premises will not feature live music and only recorded music will be played.

(e) the history of liquor violations and reported criminal activity at the proposed premises

Applicant and the Sky building in which it operates offer an upscale, safe and clean environment. The Sky building is a new construction and to the Applicant's knowledge there is no history of disturbances, violence, fighting, crime, noise, and litter on the property upon which the fitness facility will be constructed. Applicant is an establishment that seeks to serve the residents of the Community.

Life Time Fitness operates fitness facilities throughout the United States. In New York, it operates two on-premises licensed fitness facilities with an excellent record at 1 Westchester Park Drive, Harrison, NY 10604 and 350 Robbins Lane, Syosset, NY 11791. There is no adverse activity on the liquor licenses for these locations. Applicant's fitness facility will be operated in a manner consistent with the two prior on-premises licensed fitness facilities and will be compliant with ABC Law and all other applicable laws and regulations.

(f) any other factors specified by law or regulation that are relevant to determine the public convenience and advantage and public interest of the community

Applicant seeks to support the health and fitness goals and aspirations of the residents near or in the Community. It offers a full-service spa, nationally renowned group fitness instructors and personal trainers, an indoor cycling studio, and cutting-edge fitness equipment. Applicant also offers the Life Café, where members can relax

after their challenging yet satisfying fitness activities. Applicant wishes to create a relaxing environment in the Life Café and the outdoor serving area by offering cocktails, wine and beer to its members while they socialize and nurture a sense of community.

Conclusion

Applicant presents this statement to the Authority in favor of granting Applicant Serial Number: 1208584 despite the fact that the proposed premises is within 500 feet of three establishments that are currently operating with on-premises licenses. This statement sets forth Applicant's position that it is in the public interest to grant Applicant the on-premises license, and for this reason the Authority should approve Applicant's application to obtain an on-premises license for the Life Café and connected outdoor service area within the Life Time Athletic at Sky fitness facility at 605 West 42nd Street, New York, NY 10036.

Block Associations Notified

West 36th Street Block Association

Person Notified: Frank Strock at mcgee79@aol.com

HKNA Association

Person Notified: Kathleen Treat at kathleentreat123@gmail.com

West 43rd Street (b. 9th/10th) Block Association

Person Notified: Eduardo Zeiger at eduardozeiger@compuserve.com

Manhattan Plaza Tenants Association

Person Notified: Douglas Leland at mpta@mptenants.com

West 44 Street Better Block Association

Person Notified: Linda Ashley at ashleyll@aol.com

West 44th Street (b. 9th/10th) Block Association

Person(s) Notified: Renee & Gordon Stanley at twocatsltd@worldnet.att.net

West 44th Street (b. 9th/10th) Block Association

Person Notified: Rudy Papiri at Rudi_Papiri@timemagazine.com

West 45th Street Block Association

Person Notified: Tim Tanner at tangotanner@gmail.com

West 45th Street Block Association (between 9th/11th Aves)

Person Notified: Chana Widawsky at chanawid@gmail.com and west45thstreet@gmail.com

West 46th Street Block Association

Person Notified: Allison Tupper atallisontupper@verizon.net

- Exchanged e-mails with Allison.

Residential Buildings Notified

Atelier

635 West 42nd Street

Person Notified: General Notification by Mail

River Place

650 West 42nd Street

Person Notified: General Notification by Mail

Silver Towers

620 West 42nd Street

Person Notified: General Notification by Mail

Proximity Report for Location:

December 21, 2015

605 W 42nd St, New York, NY, 10036

* This report is for informational purposes only in aid of identifying establishments potentially subject to 500 and 200 foot rules. Distances are approximated using industry standard GIS techniques and do not reflect actual distances between points of entry. The NYS Liquor Authority makes no representation as to the accuracy of the information and disclaims any liability for errors.

Closest Liquor Stores

Name	Address	Approx. Distance
GRAND CRU WINE & SPIRITS INC	560 11TH AVE	65 ft
42 & 10TH SPIRITS LTD	507 W 42ND STREET	805 ft
VERITAS STUDIOS INC	527 W 45TH ST	910 ft
GRACE WINE & SPIRITS INC	610 10TH AVENUE	1080 ft
ODYSSEY WINE & SPIRITS INC	490 10TH AVE	1570 ft
589 NINTH AVENUE CORP	589 9TH AVENUE	1840 ft
ADRIATIC WINE & LIQUOR LLC	714 10TH AVENUE	2055 ft

Churches within 500 Feet

Name	Approx. Distance
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Schools within 500 Feet

Name	Address	Approx. Distance
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On-Premise Licenses within 750 Feet

Name	Address	Approx. Distance
LA VELA RISTORANTE INC	558 11TH AVE	80 ft
635 CATERING LLC	635 W 42ND ST	240 ft
LJJ FOOD CORP	572 11TH AVE	260 ft
LUCKY STRIKE MANHATTAN LLC	624 660 W 42ND STREET	475 ft
589 11TH TAVERN INC	589 11TH AVE	505 ft

Pending Licenses within 750 Feet

Name	Address	Approx. Distance
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Unmapped licenses within zipcode of report location

Name	Address
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