

## **Community Board 12-Manhattan**

### **Committee for Concerns of the Aging**

Minutes Meeting December 13, 2016- 10:30am

**Committee Members present:** Liliana Saneaux, Chair; Fern Hertzberg, member Norma de Candido, Public Member. Mary Anderson, excused

**Guests:** Ann McCosh; Martha L. Matos-Coll, Riverstone Supervisor Caregiver Program; Rebecca Heureaux, Riverstone Outreach/Case Worker; Osi Kaminer, Assist. Chair, Parks & Cultural Affairs Comm.CB-12.

Meeting called to order @ 10:35a.m. by Chair- motion seconded by Ms. Fern Hertzberg.

Chair welcomed everyone and presented excuses on behalf of Ms. Anderson. Explained that Ms. Norma de Candido has been a longstanding public member of the Committee, and that Ms. Ann McCosh welcomes the idea of also becoming a public member, and it was agreed by Ms. Hertzberg and Saneaux to consult this with CB-Chair Mr. Ally on that perspective, and steps required for that process, if feasible.

At that moment, the arrival of Ms. Heureaux and Ms. Matos Coll. They are cordially greeted. Welcome by Chair.

Fern mentioned since September we had mentioned on visiting Senior Centers. Ms. Saneaux agreed, but explained the situation that for the committee it would be better if awaits until more members join it.

Chair mentioned this is a transitional moment, and that the Committee is very happy to have you, and listen to your presentation.

Ms. Matos explained that the Dept. of Health has given them a grant for a caregiver program for the underserved population with memory loss and dementia, working with several neighborhoods in Rochester Heights and Inwood. And they are offering attention to the caregivers and exercise classes so that they can better perform their duties. And also providing memory café and educational workshops on different topics related to dementia and Alzheimer. They wish to get the word out to the community what is available from Riverstone, being aware of the difficulties a caregiver goes thru on a daily basis. Workshops are offered on Saturdays and week days.

Chair- You have interpretation services only English and Spanish. Expressed appreciating their presence and that she will go even further, in probably inviting them to a general meeting perhaps. Upon Ms. Hertzberg also agreeing, they offer to distribute the flyers @ next CB-12 General Meeting.

Chair and Fern: Excellent this program is also in Spanish, since 70% caregivers sometimes have no command of English, therefore it is crucial to have this important training in Spanish. Program just started this year.

Ms. Matos- Mayor outreach community, agencies in Inwood-Washington Heights. Sunnyside, Presbyterian, Alzheimer Assoc. etc. Suggestions as to how to promote the program.

Ms. Hertzberg suggests article Manhattan Times, perhaps.

Chair Saneaux- Suggests to them trying to insert info on the weekly newsletters issued from elected officials such as Councils Mark Levine, Ydanis Rodriguez, incoming Assembly and Senator Carmen de la Rosa and Marisol Alcantara offices are also a good informational vehicle. Fern suggests CB-9 has a very active Aging Committee and Ines Dinkins office. Also Catarina Rivera from Food Council. Churches and Synagogues. A good informational vehicle.

Osi Kaminer arrives. She is introduced by Chair.

The subject was profusely discussed and several opinions/suggestions were submitted.

A profound discussion rose on the interpretation of the word "caregiver" with the participation of all attendees.

OSI Kaminer came to the meeting to hear Maureen Belluscio from NYPI (who was cancelled @ the last minute) speak about protection and advocacy on legal matters for the elderly. This was postponed for January's meeting.

Osi offered the two Riverstone guests, that if they have any important information they wish to promote, she would be happy to publish it on the CB12 FB page.

Motion to adjourn @ 11:43am. Seconded by Ms. Hertzberg.