

COMMITTEE FOR CONCERNS OF THE AGING MINUTES

Thursday, December 7, 2017

@ Community Board Office

Committee Members:

Present: Mary Anderson, Chair; Fern Hertzberg, Asst. Chair; Norma De Candido, Public Member;

Absent: Eleazar Bueno; Domingo Estevez

Excused:

Board Members: Fe Florimon, Youth & Education, Chair

Guests: Ann McCosh; Rosemary Cortez, NYPH-Allen Hospital; Michael Karash, Fort Tryon Center; Shirley Saxton, SSA.

The meeting was called to order at 10:45AM.

Mary Anderson presented on Care NYC event regarding Alzheimer's care and support groups sponsored by Sunnyside Community Services. Panel included caregivers who present their experiences feelings and the value of a support group. Brochure from the event was distributed, and the brochure states that the services are available in all five boroughs, though no address was listed for Manhattan. This led to a reminder that in northern Manhattan, the primary service provider for clients and the families of persons living with dementia is Riverstone Senior Life Services, with social adult day for dementia patients and caregiver services, which has presented to us recently.

Material was distributed on scams, both DANY and AARP material. The scams discussed included calls as the IRS, credit card companies, winning a vacation, and electrical company calls. All were reminded not to ever say yes to any of these calls, as they electronically turn the "yes" into approval for their scam.

Fe Florimon presented on planned youth performances for seniors which will take place at Isabella Geriatric Center Recreation Hall from 3-6pm on Saturday, December 16, 2017. Free and seeking sponsorship/donations of refreshments for the youth and seniors. Students will sing, dance and perform. Those present all voted unanimously to support the event. Fe hopes that this will become an annual event.

This also led to a discussion of Isabella, its intergenerational programs and services, including volunteers. Ann McCosh led us off in discussing nursing home care, which led to a discussion and explanation by Fern Hertzberg and Michael Karash of nursing home purpose and services.

Goals are to improve attendance. Future meetings will be held at community senior centers. The topic will be what is a community board and the aging committee. There may also be speakers during half of the meeting. The next meeting will be held on January 4, 2018. It will be at ARC XVI Fort Washington Senior Center, 4111 Broadway, with entrance on 174th Street between Broadway and Fort Washington Avenue, next door to the school yard of PS 173.

Discussed option to create a banner for the Concerns of the Aging committee of CB12.

Shirley Saxton of the Social Security Administration stated that the cost of living for 2018 is going up by 2%. Open enrollment for Part D Medicare ended on December 7. The SSA office has moved to 4941 Broadway at 207th Street. Flyer distributed.

Adjourned meeting (Fern/Fe) at 12noon.

Submitted by Fern Hertzberg.