

COMMITTEE FOR CONCERNS OF THE AGING MINUTES

Thursday, November 2nd, 2017

@ Community Board Office

Committee Members:

Present: Mary Anderson, Chair; Eleazar Bueno; Norma De Candido, Public Member

Excused: Fern Hertzberg, Asst. Chair

Absent: Domingo Estevez

Board Members:

Guests: Dr. Mari Millery; Nayrobi Rivera

Meeting called to order at 10:50 AM by Mary Anderson, Chair. Welcome extended to all. Introductions made.

(1) Dr. Mari Millery, consultant and former professor at Mailman School of Public Health and **Nayrobi Rivera**, Project Coordinator, Community Engagement Core Resource at Irving Institute for Clinical and Translational Research, CCPH presented a survey conducted with 17 non-profit organizations on the health needs of the community. Survey dealt with how health related organizations in Washington Heights/ Inwood collaborate and coordinate with each other. Top priority needs were identified as: housing and homelessness, food and nutrition, mental health, and diabetes. The most important need was identified as mental health. The survey resulted in showing that much more collaboration with organizations needs to happen to lead to better health outcomes. More information on this study can be found on the website: GetHealthyHeights.org.

(2) Goals / Ideas to improve attendance: Discussion included having a flyer for the committee meetings to hand out to seniors in the community, having meetings at senior centers. Goal is to be able to educate seniors in the community about the Community Board as well as listen to their concerns and issues and address those things. Committee voted unanimously to begin to have our meetings at the senior centers. Directors of the centers have been canvassed through WHICOA and have agreed that they are in favor of hosting the meetings.

(3) Capital and Expense Budget Board ranking reviewed. Agreement that committee items did well.

(4) Suggestions for future speakers requested by Chair. Norma suggested the possibility of having someone from one of the mental health or memory studies present.

(5) Eleazar Bueno asked group to consider having meetings begin later, possibly 12 Noon. Members spoke about senior having lunch at 12 Noon at centers and, if meetings were held there, beginning the meeting later would not be an option.

(6) Next meeting will be 12/7/17. Place TBD. Meeting adjourned at 12:05 PM.

Respectfully submitted,
Mary Anderson, Chair

