

Central Harlem Community Youth Resource Guide



Created by the Manhattan Community Board 10

The goal of this guide is to assist Central Harlem youth by providing a resource guide of programs and services which promote a positive and successful future. This document serves as a reference to identify different local programs available for youth services in the following areas: mentoring, education, employment, technology, re-entry, substance abuse, and high school equivalency programs.

If you are aware of youth services not mentioned in this guide please reach out to us at the Manhattan Community Board 10 District Office at- Email: MN10CB@CB.NYC.GOV / Phone: (212) 749-3105 / Address: 215 West 125 Street, 4th Floor, New York, New York 10027

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Mentoring

Big Brothers Big Sisters of New York City

40 Rector Street New York, NY 10006 • (212)686-2042 • help@bigsnyc.org • www.bigsnyc.org

BBBS of NYC remains committed to expanding services, developing ideas, and making history, until every boy and girl who needs a mentor has a "Big" of his or her own, and every caring, responsible adult can enjoy the opportunity to "Just be a Brother and a companion... give him his individual chance to be honest, and to grow up into a useful citizen." At BBBS of NYC, we cherish innovation, but we stay true to Ernest Coulter's vision in everything we do.

Program Services

Traditional Mentoring Program :

- This program matches low-income youth from single-parent homes, between the ages of 7 and 18, with a carefully screened adult role model 21 years or older.
- Bigs meet with youngsters at least every other week for four hours and maintain regular phone contact. Each one-to-one relationship is also supported by a social worker responsible for supervision.
- Emphasizes parent involvement and collaboration between Club and school professionals as critical factors in creating the best after-school learning environment for Club members ages 6 to 18

Juvenile Justice Mentoring Program:

- Based on the founding initiative of reaching out to youth involved in the court system, JJMP's goal is to reduce delinquency and prevent re-arrest, combining intense case management services and one-to-one mentoring to help troubled youth before they commit more serious crimes.
- BBBS staff works closely with judges, probation officers, juvenile justice agencies, and other community based organizations, serving as advocates for youth and their families in schools, courts, and other agencies where the interests of low-income families are often overlooked. Participants in the program have shown a significantly lower rate of recidivism.

New American Mentoring Program

- The goal is to help immigrant youth overcome the unique obstacles they may face while adjusting to a new culture, language and customs.
- These youngsters' feelings of loneliness, isolation and prejudice as well as the stress of negotiating between their cultural traditions and the urban American environment are addressed through relationships with their mentors.

Building Futures Mentoring Program

- This program services a wide-range of youth involved in the foster care system who are currently in a foster home or group home, as well as those transitioning out of foster care.
- Many face significant challenges, such as: academic struggles, employment difficulties, health problems, and legal troubles. With the support of an adult mentor who provides a consistent positive presence in their lives and assists them

in setting and meeting educational and vocational goals, the program helps to ensure a secure future for the Littles.

Children Of Promise Mentoring Program

- This specialized, preventative program provides services for children between the ages of 7-18 who have an incarcerated parent, sibling or other family member residing in the household at the time of arrest.
- Parental arrest and confinement often lead to stress, stigmatization, and separation problems, which may be compounded by existing poverty, Multiple caregivers, and prior separations.

Workplace Mentoring Program

- provides NYC high school and junior high students with the critical skills needed to achieve their full career potential through a mentoring relationship with a caring adult role model. By partnering with these programs, companies are making an investment in the development of the next generation of leaders.
- Students are matched in one to one mentoring relationships with company employees who, through structured program activities, help map out the students' futures. Each program day is designed and facilitated by a BBBS of NYC program manager. Program managers each hold a Master's degree in Social Work and are on-site each program day to support mentoring matches.
- The topics for our "Power Tools" curriculum focus on career and life skills. Topics include: Business Etiquette, Career Exploration, Financial Investment, Teamwork and Company Pride. We also work closely with the mentors to incorporate the company's core values and resources into program activities.

Step4Ward program

In this career mentoring program, students will gain real world exposure to an industry that they are interested in pursuing. Students will also be introduced to different job functions and work cultures to give them the tools to make better decisions about their future careers. The program will emphasize teamwork and give the students confidence to pursue their goals.

Youth Development Program

As part of the Workplace Mentoring Center's Youth Development in Schools Program (YDIS), adults are invited to join students from our partner schools who are not currently engaged in BBBS's mentoring programs in one time mentoring experiences. These onetime mentoring opportunities provide students with valuable assistance in developing workplace skills, exposure to opportunities in the city, as well as the chance to spend time with a positive adult role model.

Education Initiative

Developed in 2008 in response to the New York City school dropout crisis among minority students, the Education Initiative is designed to support Littles by helping them set and achieve educational goals with the team support of their Bigs, parents, BBBS of NYC social workers, and in-house education specialists.

Our education specialists advocate on behalf of Littles to help them learn about and gain acceptance into locally available programs, while also identifying available resources to assist our youth with academic needs that range from tutoring programs to SAT prep courses. In addition, they provide educationally-themed workshops on topics of interest to Littles, for their parents, and for Bigs interested in helping Littles succeed academically.

Eligibility Information:

We are currently accepting inquiries for enrollment in our programs, for children ages 7-16. Call us at (646) 688 -1245 or (646) 688 -1246 and leave a message with your name and phone number.

- Children must be between 7 and 16 years (except in our Children of Promise Mentoring Program, where the ages of the youth are between 5-16 years old). Both the child and volunteer are asked for a minimum of a one-year commitment and to see each other four hours every other week.
- Each match is assigned a professional social worker who works closely with the volunteer, child and parent/guardian throughout the child's participation in the program to provide guidance and support.
- Once enrolled in the program, Big Brothers Big Sisters of New York City has a variety of support programs and events for our families.

Volunteer

To learn more or become a Workplace Mentoring Program Partner, please contact Co-Directors of the Workplace Mentoring Center, 212-686-2042.

Boys and Girls Club of Harlem

425 West 144th Street, 5th Floor Harlem, NY 10031 • (212) 283-6770 • www.harlembgc.org

Chartered in 1980 by the Convent Ave. Baptist Church, for over 30 years, the Boys & Girls Club of Harlem has been working to help young people develop the qualities needed to become responsible citizens in their community and leaders in their schools and daily lives. We have three (3) sites in Congressional District #15/Community Boards 9 and 10 serving Harlem youth, without regard to race, gender, color, national origin, religion, or socio-economic background. The Boys & Girls Club of Harlem provides activities after-school, during holidays, and in the summer to children and youth ages 6 to 18. We offer a broad range of programs in five core areas:

- **Character and Leadership Development**
- **Education and Career Development**
- **Health and Life Skills**
- **The Arts**
- **Sports, Fitness and Recreation**

Today, approximately 2,000 “at-risk” boys and girls are taking advantage of the programs, activities, and services provided by the Boys & Girls Club of Harlem. They benefit from trained, caring, professional staff and volunteers who help young people take control of their lives, envision productive futures, and reach their goals.

Programs

Character & Leadership

Helping youth become responsible, caring citizens and acquire skills for participating in the democratic process is the main thrust of these programs. They also develop leadership skills and

provide opportunities for planning, decision-making, contributing to Club and community and celebrating our national heritage.

- **Keystone Clubs:** Chartered small group leadership development clubs for young people ages 14 to 18. Keystoners elect officers, choose their own activities and plan and implement community service projects. A national charter entitles a Keystone Club to participate in regional and national Keystone conferences. This teen leadership program is funded by the Taco Bell Foundation.
- **Youth of the Year:** Sponsored by the Reader's Digest Foundation, the National Youth of the Year Program is designed to promote and recognize service to Club and community, academic performance and contributions to family and spiritual life. Competition begins with each Club selecting a Youth of the Year who receives a certificate and medallion then enters state competition. State winners receive a plaque and \$1,000 scholarship then enter the regional competition. Each of the five regional winners receives a \$10,000 scholarship and enters the national competition held in Washington, DC. The National Youth of the Year receives an additional \$15,000 scholarship, totaling \$26,000 in scholarships, and is installed by the President of the United States.
- **Torch Club:** A small-group leadership development program, sponsored by Staples, is targeted to youth ages 11 to 13. Within some 1400 Torch Clubs across the country, members elect officers and plan and implement their own activities and community service projects. Each Torch Club receives an official charter from Boys & Girls Clubs of America.

Healthy Lifestyles

These initiatives help youth achieve and maintain healthy, active lifestyles.

- **SMART Moves** (Skills Mastery and Resistance Training) prevention/education program addresses problems such as drug and alcohol use and premature sexual activity. The program uses a team approach involving Club staff, peer leaders, parents and community representatives. More than simply emphasizing a "Say No" message, the program teaches young people ages 6 to 15 how to say no by involving them in discussion and role-playing, practicing resistance and refusal skills, developing assertiveness, strengthening decision-making skills and analyzing media and peer influence. The ultimate goal: to promote abstinence from substance abuse and adolescent sexual involvement through the practice of responsible behavior.
- **SMART Girls** is an outgrowth of the popular and effective SMART Moves program. It is a health, fitness, prevention/education and self-esteem enhancement program for girls ages 8 to 17. The program is designed to encourage healthy attitudes and lifestyles that will enable early adolescent girls to develop to their full potential. The SMART Girls program is sponsored by Tupperware Brands Corporation.
- **Passport to Manhood** promotes and teaches responsibility while reinforcing positive behavior in male Club members ages 11 to 14. Passport to Manhood consists of 14 small-group sessions, each of which concentrates on a specific aspect of manhood through highly interactive activities. Each participant is issued his own "Passport" to underscore the idea that he is on a journey of maturation and personal growth.

- **Street SMART** counteracts the negative lures of gangs, violence and “street” influences on young adolescents ages 11-13. While building awareness and resistance skills, participants develop the confidence and knowledge to make intelligent choices. Street SMART’s four modules teach young people how gangs work and how to resist being recruited, how to recognize and resolve conflicts peacefully, how to become positive peer helpers and how to recognize and respect the similarities and differences of others. Participants reinforce what they have learned and share it with others by organizing community events that promote the program’s positive messages. The Allstate Foundation sponsors Street SMART.

The Arts

These initiatives help young people enhance self-expression and creativity, develop multicultural appreciation, provide exposure to and develop skills in crafts and visual, performing and literary arts:

- **ImageMakers National Photography Program** made possible by SONY is a comprehensive photography program which provides Boys & Girls Club members ages 11 to 18 the opportunity to express themselves creatively, build confidence and learn new skills such as the way a camera works and the process of picture-taking. They will also develop an understanding of the many roles — both artistic and vocational — that photography plays in our lives. And even when they do not have an actual camera in their hands, members will have learned to see and appreciate the world around them through a new and more focused lens. Club members participate in an annual photography contest that provides local, regional and national recognition. Club members’ photographs selected at the contest’s national level are exhibited at BGCA’s National Conference and other events. Each winning artist’s work is featured in a virtual gallery on the ImageMakers Web site, www.imagemakersbgca.org.
- **Open Door Arts-in-Education Project (ODAEP) Dance Program** offers Contemporary Jazz and Hip-Hop, African, and Musical Theater. Classes are geared towards learning cutting-edge choreography for video (that will be produced and shot by students learning video production) in addition to improving technique, body conditioning, and improvisation, as well as developing style, stage presence, and confidence. Students also work in small groups to create their own routines that are featured in a live theatre performance. In addition to regularly scheduled classes, there are special guest instructors, make-up and costuming sessions and photography. To round out the curriculum and provide students with a creative outlet, dance students are assigned a choreography project and work in small groups to prepare a short, original piece. Dancers perform the class choreography, as well as their original work, on stage for a live audience.
- **ODAEP Acting for Film Program** is closely tied to our introductory Film & Technology Program called MEDIA MIXX. When the filmmaking students go out to make their assigned projects, they use the talent in the Acting for Film Program. This provides our acting students with off & on-camera experience and allows them to walk away from the program with a DVD portfolio of PSA’s, commercials, short movies, and on-stage scenes in which they have performed. Students will receive training with professional cameras that make the presentation high quality and professional. In the Theatre Arts and Technology Program students will learn how to manage their Digital Footprint; by

creating video content and programming to be uploaded to YouTube, creating their own website to showcase their work and understanding how to capitalize on “Social Media.

Harlem Youth Marine Corps

2351 1st Ave. New York, NY 10035 • 917-434-6817 • <http://www.harlemyouthmarines.org/>

The Harlem Youth Marines is a not-for-profit youth organization based out of the Village of Harlem in New York City, serving inner city youth between the ages of 7-20 years old for the last 33+ years since its creation in 1980 by founder and Director, Gregory E. Collins.

Our mission is to help prevent drug abuse, reduce the rate of high school dropouts, and combat gang influence among young men and women by providing a positive, motivating and mentoring youth and adult force, by applying a military approach to foster discipline and self-confidence. The aim is youth helping youth; to achieve the goals to live a productive life, and to help improve the quality of life in their community.

This program offers instruction in military grooming and development such as drill & ceremony, customs & courtesies, uniformity, rank structure, chain of command, and physical training. We also review school report cards, offer tutoring to cadets in need, and make home & school visits when necessary. Other activities include paintball competition, shooting range, camping, hiking, sports, parades, ceremonies and community events.

The Brotherhood/Sister Sol

512 West 143rd Street New York, NY 10031 • (212)283-7044 • brotherhood-sistersol.org

Founded in 1995, The Brotherhood/Sister Sol (Bro/Sis) provides comprehensive, holistic and long-term support services to youth who range in age from eight to twenty-two. Bro/Sis offers wrap-around evidence-based programming. The organization focuses on issues such as leadership development and educational achievement, sexual responsibility, sexism and misogyny, political education and social justice, Pan-African and Latino history, and global awareness. Bro/Sis provides four-six year rites of passage programming, thorough five day a week after school care, school and home counseling, summer camps, job training and employment, college preparation, community organizing training, and international study programs to Africa and Latin America.

We are locally based, with a national reach, as Bro/Sis publishes assorted curricula and collections of our members' writings; trains educators from throughout the nation on our approach; and our leadership is invited to speak and present at educational and policy convenings and conferences across the country. Our theory of change is to provide multi-layered support, guidance, education and love to our membership, to teach them to have self-discipline and form order in their lives, and then to offer opportunities and access so that they may develop agency.

Program Services

Rites of Passage (ROP) Program

Our goal is to empower youth through discovery and discussion of history, culture, social problems, and the political forces surrounding them. We establish partnerships with public secondary schools to develop gender-specific (Brotherhood or Sister Sol) chapters, each

consisting of 10 to 18 youth members and two adult Chapter Leaders. The Chapter Leaders facilitate weekly sessions and serve as mentors, supporters, confidantes, counselors, teachers, and more. They build trusting relationships and offer guidance to the chapter members as they face the challenges of young adulthood.

During the intensive four- to six-year ROP process, members learn critical thinking and global awareness skills through leadership development, drug awareness, conflict resolution, political education, community service, and other activities. Each chapter develops a Mission Statement and collectively defines what it means to be a sister/brother, woman/man and leader. Members also create individual Oaths of Dedication—personal testimonies to how they will live their lives. The program is structured around our ten curriculum focus issues, incorporating topics such as Pan African and Latino History, Sexism and Misogyny, and Political Education and Social Justice.

Working toward these goals, we provide a safe space where youth can learn life skills and discuss topics important to them that are not covered in school. Members explore ideas of community, equality, and diversity, and build friendships in an environment that promotes their positive development as women/men, sisters/brothers, and leaders. We encourage youth to embrace the power, passion, and possibility inherent within them, and to use their talent to benefit themselves and their communities.

Our Objectives

Become independent and resourceful; Strive for one's highest personal potential; Develop leadership skills and a sense of community responsibility Demonstrate knowledge of our curriculum issues and the world Build self-esteem, confidence, and self-respect; Explore beyond their comfort zone and challenge themselves Embrace the ideals of brotherhood and sisterhood; and discover one's individual, creative voice

Volunteer

You can download and email the volunteer application with your resume to info@brotherhood-sistersol.org or fax to 212-283-3700 to the attention of the Volunteer Coordinator or ASP Coordinator.

Harlem Commonwealth Council, Inc.

361 W 125th St New York, New York 10027 • (212) 749-0900 • harlemcommonwealth.org

Through the creation of enterprises, the generation of jobs, the support of businesses, and the education of residents, to stimulate the economic development of the Harlem, Upper Manhattan, and Bronx.

In carrying forth our founding principles - through all that HCC does, it will ensure skill development and business creation for residents' long-term economic self-sufficiency and it will ensure that everything it undertakes will have a direct relationship to enhancing the economic viability of our communities.

Program Services

Arches Transformative Mentoring

This program helps justice-involved young adults change attitudes and behaviors that led to their criminal activity. The Department of Probation has contracted with the Harlem Commonwealth Council with the goal of helping probation clients move out of the criminal justice system by strengthening their attachments to education, work, and community. Each participant is a probation client between the ages of 18 and 24, who attends two 90 minute sessions per week, plus one weekly one-on-one mentor meeting for 6 months. They are provided with a Metro card and an income supplement for each session, for a total of up to \$800 upon completion of the program. Participants must be of the ages 18-24 to be eligible.

New York City Mission Society

646 Lenox Avenue New York, NY 10010 • (212)674-3500 • missionsociety.org

New York City Mission Society improves the lives of children, youth, and families in the city's most underserved communities. Through programs and services that respond to community needs, we create cycles of success for generations to come.

New York City Mission Society envisions a city in which every New Yorker thrives in a safe and loving environment, contributes to the overall well-being of the community, and receives the support needed to achieve a joyful and independent life. New York City Mission Society values kindness, compassion, dignity, respect, and excellence. We demonstrate these values by delivering services that encourage critical thinking, self-confidence, and resilience in the children, youth, and families we serve.

Program Services: Re-Entry

Arches: Transforming Attitudes and Behaviors that Led to Criminal Activity

- Offers a new path to personal, educational, and career success for young people in Central Harlem who are on probation.
- Provides curriculum-based group mentoring and individual mentoring, which helps youth to transform the attitudes and behaviors that led to their criminal activity.
- Offers interactive journaling, and group cultural, recreational, and social activities.
- Gives these youth a chance to further their education, gain employment, end further involvement in the criminal justice system, and succeed as productive citizens.

Harlem Justice Scholars: Breaking the Cycle of Re-Imprisonment

Providing a range of services that includes education, tutoring, career exploration, job readiness training, employment, mentoring, case management, and civic engagement opportunities.

Volunteer

Volunteering with New York City Mission Society is a fun and rewarding way to give back and make a difference. Our volunteer opportunities include assisting with single-day events as well as positions providing administrative support in our Development Office and at our Minisink Townhouse in Central Harlem.

To volunteer, or to request further information about volunteering, please email our Volunteer Office, volunteer@nycmissionsociety.org or call 212-674-3500 ext. 210.

Friends of Island Academy

63 W 125th St 4th floor New York NY 10027 • (212)-760-0755 • aobasogie@friendsny.org • www.friendsny.org

The concept for Friends was developed in the late 1980s at the alternative high school called Austin MacCormick Alternative High School, then known as Island Academy, which is located in one of the facilities housing sentenced adolescents on Rikers Island. We strive to break cycles of incarceration by providing limitless opportunities for growth to high-risk young people involved in the City's justice system. We harness positive development practices to champion the strengths of our participants as they overcome obstacles and transform their lives and communities for the better.

At Friends, we do this by developing connections and relationships with youth while they are still incarcerated, and by leveraging these relationships after release. Upon release, young people become members of Friends and develop personal milestones and goals in the arenas of health and well-being, education, employment, youth leadership and community participation. The longer young people remain engaged by and connected to our program (1 to 4 years in levels of intensity that shift and taper according to their progress), the greater the influence we have on their trajectory toward becoming economically independent adults who are involved in their communities in positive ways.

Program Services: Re-entry

ABLE (the Adolescent Behavioral Learning Experience)

Seven full-time staff on Rikers Island daily, working with young people ages 16 to 18, focuses on personal responsibility, education, training and counseling, with the goal of reducing the likelihood of re-incarceration. They use an evidence-based cognitive-behavioral curriculum that focuses on personal responsibility, life skills and goals planning.

International Center of Photography

- Partnership with the International Center of Photography provides youth members with hands-on photography and writing instruction integrated with activities that develop life skills and build self-esteem. The themes identified by the students and staff have included health and wellness, overcoming obstacles, literacy, and self-expression.

Volunteer

We thrive with the involvement of supportive community members who want to take an active part in our work. At this time, we are particularly looking for the following assistance/skills:

- Administrative Assistance (New York and Bronx offices)
- Mentors
- Graphic arts and publishing
- Social media

If you would like to volunteer with Friends, please email Gina Lee glee@friendsny.org.

Exodus Transitional Community

2268 3rd avenue New York NY 10035 • (917) 492-0990 • etcny.org

With a firm belief in human resilience, Exodus Transitional Community delivers innovative programming tailored to adults and youth affected by the justice system, and advocates for a society in which all can achieve social, economic, and spiritual well-being.

Program Services

Alternative to Incarceration

Launched in October 2020, Exodus offers ATI programming to anyone facing a felony or misdemeanor charge in any of the five boroughs. Participants engage in 4, 6, or 12 months of programming, including transformative mentoring groups, civic engagement courses, leadership development workshops, substance treatment services, trauma counseling sessions, and employment services training and job coaching opportunities. The team not only supports the participants at Exodus, we provide court advocacy as well.

Education

Boys & Girls Club of Harlem

425 W 144th Street, 5th Floor Harlem, NY 10031 • (212) 283-6770 • www.harlembgc.org

The mission of the Boys & Girls Club of Harlem is to provide access and opportunities for youth to reach their full potential as responsible members of the community. The Boys & Girls Club of Harlem will develop young minds, instill character, and foster leaders of tomorrow by delivering relevant youth services in a positive, supportive environment. We will be a “best-in-class” organization by creating a culture of excellence through a renewed commitment with the village of Harlem. We will work together with the community to realize our mission.

Program Services Education:

Project Learn

Project learn reinforces the academic enrichment and school engagement of young people during the time they spend at the Club. Staff use all the areas and programs in the Club to create opportunities for these high-yield learning activities, which include leisure reading, writing activities, discussions with knowledgeable adults, helping others, homework help, tutoring and games (such as Scrabble), that develop young people’s cognitive skills. Also, it emphasizes parent involvement and collaboration between Club and school professionals as critical factors in creating the best after-school learning environment for Club members ages 6 to 18.

CareerLaunch

The program includes the CareerLaunch Web site that allows teens to take an interest survey, explore careers, identify training or college requirements, seek out financial aid and play skills-building games; Easy-to-use Career Exploration Quick Reference Guide with a broad range of career planning and job skills activities that Club staff or volunteers can use with teens; and the CareerLaunch Portfolio contains a Teen Tips booklet with helpful interviewing and on-the-spot job tips. Funded by Gap Foundation. Teens from the ages of 13 to 18 can participate in this program.

CLUBService

- Partnership between Boys & Girls Clubs of America and the Corporation for National Service (AmeriCorps), provides education awards to Club members ages 17 and 18 and Club alumni ages 19-24 who serve their Clubs and communities.
- CLUBService recognizes young people's service, helps them access higher education opportunities and encourages them to pursue future careers as Club professionals. Funded by AmeriCorps.

Junior Staff: Cultivating Tomorrow's Club Professionals Today

Junior Staff is a program that assists Club members ages 13 to 18 explore a career in youth or human services, particularly Boys & Girls Club work. Participants prepare for future roles as human services professionals by participating in career development activities, discovering the importance of community service, building customer service skills and completing a Club apprenticeship. Funded by AT&T.

Money Matters: Make It Count

Created with the Charles Schwab Foundation, this financial literacy program was designed specifically to help teens (ages 13 to 18) expand their knowledge of money management and learn the skills that lead to financial independence and well-being. The Money Matters: Make It Count program consists of five components: Teen Personal Finance Guide, Program Facilitator's Guide, Money Matters Website, Schwab eEmployee Volunteer Program and the Money Matters Awards. Via the volunteer component, Schwab employees can pass financial expertise to Club teens through their volunteer involvement.

Eligibility Information:

General membership in the Boys & Girls Club of Harlem is free of charge for youth 6-18 years old residing in the West/Central and general Harlem area. We provide a pick-up service from three (3) local schools near the M.L. Wilson Clubhouse as a convenience to parents who wish for us to escort the youth to the Club daily (for a flat monthly fee). Our Summer Leadership Academy also charges one of the best rates in Harlem for a full-service Camp (academic, recreational and cultural) experience for the youth. Discounts are also available for multiple children in the same family.

Volunteer

There is an old saying that goes... "It takes a village to raise a child." Here in the Village of Harlem we realize that it just takes one person to change the life of a child, but collectively we are able to create an everlasting impact. If you would like to become a Mentor or Volunteer at the Boys & Girls Club of Harlem during the school year, please complete a volunteer/mentor form, and submit it to edmassiah@harlembgc.org.

Please note that for the safety of our children, a pre-screen interview and background check will be required prior to being approved to volunteer or mentor at any of our Clubhouses

Harlem Children's Zone

35 E 125th St. New York, NY 10035 • (212) 360-3255 • info@hcz.org • hcz.org

"An organization that has set out to prove that poor, black children can do succeed"-Oprah Winfery

In the early 1990s, HCZ ran a pilot project that brought a range of support services to a single block. The idea was to address all the problems that poor families were facing: from crumbling apartments to failing schools and from violent crime to chronic health problems. Under the visionary leadership of its President and CEO, Geoffrey Canada, HCZ continues to offer innovative, efficiently run programs that are aimed at doing nothing less than breaking the cycle of generational poverty for the thousands of children and families it serves.

All HCZ programs are offered free to the children and families of Harlem.

Program Services

High School:

Promise Academy High School Program

Created several cross-site initiatives to help our high school students navigate the process of getting into college.

Academic Case Management

Each of the six high-school sites has Student Advocates, assigned by grades, to work with each young person to create individualized Action Plans that identify concrete strategies to enrich and support the student's academic achievement, college readiness and personal growth. It also focuses on building collaborations with the parents, teachers and other stakeholders to inform, develop, execute, assess and track student progress, particularly in the critical transitions from middle to high school and then into college.

Truce Arts & Media

Focuses on youth development through the arts and media, working with youth in grades 9-12 on academic growth, career readiness while also fostering media literacy and artistic ability.

Employment & Technology Center

Teaches computer and job-related skills to youth and adults.

Learn to Learn

An after-school program developed for high school juniors and seniors to improve their academic skills, and prepare them for college and the job market. During the school year, the focus is to improve participants' academic standings and developing life skills, while during the summer months, the focus is on gaining summer employment.

College Preparatory Program

- Provides year-round academic enrichment to high school youth.
- Aims to help young people think about pursuing a college education as early as possible.

College:

The College Success Office

Supports students who have graduated from high school and HCZ programs and helps students get into the most-appropriate colleges. Students are assisted throughout their college years.

Union Settlement Association

237 E 104th St New York, NY 10029 • (212) 828-6000 • unionsettlement.org

The Union Settlement Association creates opportunities in East Harlem by offering comprehensive programs to help underserved residents improve their skills and build better lives for themselves and their families. The agency promotes leadership development and fosters economic self-sufficiency to help individuals and families build a stronger community, through education programs and human services.

Youth Services

Burdened with failing schools, high dropout rates and the threats posed by crime, substance abuse and hopelessness, East Harlem's youth find opportunities to build brighter futures at Union Settlement. Each year, our creative and dedicated staff leads nearly 2,000 hardworking and energetic children and teens through a comprehensive set of programs that seeks to nurture multiple aspects of our young peoples' lives, from educational to personal, from skills acquirement and career preparation to cultural enrichment and expression. Enrollment forms and information appear below.

Youth Services programs

Rising Stars Program

We enroll 200 youngsters ages five to 12 in year-round activities, including homework assistance, tutoring, computer instruction, visual and performing arts projects, recreational activities and a summer day camp. We also offer literacy programs such as our multidisciplinary Theme Teams and the Spaghetti Book Club, a hands-on music program and our softball/baseball program in collaboration with Harlem RBI.

Bridges

Bridges serves approximately 100 middle school students through academic, personal and cultural enrichment as well as two specialized programs: the Healing Our Problems Early Program (HOPE), which focuses on sexual literacy and personal development, and our year-round Middle School College Preparation Program designed to help students in East Harlem's middle schools gain admission to competitive high schools that will set them on the path to higher education.

High School Services

High School Services for youth ages 14-18, including Union East, which provides employment and educational opportunities for in-school youth, including, tutoring, internships and job skills development. We also provide college preparation and guidance to over 1,000 teens each year through the Settlement College Readiness Program.

Physical Fitness and Leadership through Sports

As part of the youth development mission underlying all our programs, our sports programs are designed to increase the physical activity levels of our youth, lead participants to our academic services and teach discipline and the value of working effectively with their peers and instructors. For instance, our Stay on Point program promotes teamwork, leadership skills and dedication, while providing an alternative to negative influences such as drug and alcohol abuse. The program serves a total of 200 at-risk teens through structured competitive play, including basketball, tennis, baseball, track and field. Participants are required to take part in our tutoring program and attend a series of workshops on topics such as peer pressure, conflict resolution, proper nutrition, STD prevention and career exploration.

Intergenerational Tutoring Program

Union Settlement recruits and trains local older adults to tutor and mentor children in kindergarten through third grade who need help developing reading and writing skills. The program currently serves students in six East Harlem elementary schools. Through an award-winning approach developed by the OASIS Institute, tutors and students work together throughout the school year to build the children's reading skills, self-esteem, and positive attitudes towards learning. The program offers great benefits for students and older adults alike, and we are proud to bring it to the East Harlem community. If you are interested in volunteering, please email the program coordinator at hstein@unionsettlement.org.

The East Harlem Teen Health Project

The East Harlem Teen Health Project (THP) offers comprehensive, age-appropriate, and culturally sensitive sexual health education to teens in our area. The THP works to reduce the rates of teen pregnancies, HIV/AIDS, and STIs in East Harlem via community awareness, educational workshops, and events.

Education Center

The centerpiece of Youth at Union is its Education Center. Open weekdays from three to nine p.m. and on Saturdays for special events and activities, the Center serves as a "neighborhood sanctuary" where parents can be sure their children are engaged in constructive, enriching activities.

Programs

- Bridges
- Union EastRising Stars Wildcats
- Fatherhood
- Reconnect and Rise (GED)

Director of Youth Services

Steven Portericker
sportericker@unionsettlement.org
(212) 828-6111

Manhattan Educational Opportunity Center (MEOC)

163 W 125th St, 15th Floor New York, NY 10027 • 212.961.4094 • bmcc.cuny.edu/meoc/

The Manhattan Educational Opportunity Center (MEOC) was established in 1966 by the State University of New York as the Urban Center in Manhattan, as a result of an act of the New York State Legislature. The MEOC has been administered by Borough of Manhattan Community College of the City University of New York during its entire history. The MEOC moved from the original location at 109 West 125th Street to facilities in the Theresa Towers at 2090 Adam Clayton Powell, Jr. Blvd. in the fall of 1968. The MEOC is now located in the Adam Clayton Powell, Jr. State Office building at 163 West 125th Street. In 1973, the six Urban Centers in the statewide Urban Center Program merged with the Cooperative College Centers to form Educational Opportunity Centers. The Urban Center in Manhattan became the Manhattan Educational Opportunity Center (MEOC) and retained its mission of providing services to inner-city residents. Over the past forty-five years, the MEOC has served thousands of residents of Harlem, East Harlem, and throughout New York City. Beginning with its first year of

operation, the MEOC has provided training for skilled and semi-skilled occupations as well as college foundation courses and placement services for all enrolled students and potential students.

Graduates from the MEOC have moved into jobs in industry, commerce, and governmental service either directly or after postsecondary education received following training at the Center. Graduates of the MEOC are accepted into all units of the City University of New York, State University of New York and private colleges. The MEOC provides a variety of educational and training services to all eligible candidates without discrimination. We encourage all races, ethnicities, religions, genders and the handicapped to apply.

Academic Programs

Literacy Development

Students further develop their vocabulary, reading and test-taking skills, using instructor-led classes and computer-based instruction. Prospective students should demonstrate an interest in an academic program of study.

Admissions Requirements: TABE Adaptive Minimum Scores Reading: 4.0 – 5.0/Math: 4.0

Development Study Skills

Students improve basic math, reading, writing and test-taking skills. This is a great place to start for adult learners who have been out of school for a while. After successful completion of the program students will be able to test for other MEOC programs.

Admissions Requirements: TABE Adaptive Minimum Scores Reading: 6.0/Math: 5.0

English as a Second Language

Students learn English the way they learned their first language by doing everyday things like expressing feelings, asking for directions and playing games. This approach creates a low-anxiety environment where students are able to draw on their own life experiences.

Admissions Requirements: TABE CLAS-E Minimum Scores Reading: 2.0 in 2 areas of the exam.

Introduction to HSE

Students improve their skills in reading, writing, math, science and social studies in preparation for the HSE® exam. Upon successful completion of the program, students may enroll in the HSE® Program or be recommended to take the official HSE® exam. Students are given the Official Practice Test (OPT) to assess readiness for the Official HSE® exam.

Admissions Requirements: TABE Adaptive Minimum Scores Reading: 7.0/Math: 6.5

High School Equivalency Diploma (HSE)

Students strengthen their test-taking skills in reading, writing, math, science and social studies in preparation for the HSE® exam. Students are given the Official Practice Test (OPT) to assess readiness for the Official HSE® exam. Previous official HSE® results are taken into consideration where applicable.

We are also a HSE testing site. Testing is available by appointment only.

Admissions Requirements: TABE Adaptive Minimum Scores Reading: 9.0/Math: 8.0

College Prep

Students further develop their critical reading, writing and math skills in preparation for college level classes. In addition students prepare for college placement exams including the CUNY Assessment Test.

Admissions Requirements: TABE Adaptive Minimum Scores Reading: 9.0/Math: 9.0

ATTAIN Lab

An interactive learning lab that helps students improve their academic and computer skills and acquire vocational skills at their own pace. Tutoring resources are designed to supplement each student's academic or vocational goals.

Admissions Requirements: TABE Adaptive Minimum Scores Reading: 4.0

Job Readiness Training (JRT)

A two-week, classroom-based program designed to improve employment opportunities for students. It includes an overview of basic computer skills, online job search strategies and interviewing techniques. Students also have the opportunity to improve their customer service and personal money management skills. Orientation is held every Monday at 2:00 pm

The Brotherhood/Sister Sol

512 West 143rd Street New York, NY 10031 • (212)283-7044 • brotherhood-sistersol.org

Founded in 1995, The Brotherhood/Sister Sol (Bro/Sis) provides comprehensive, holistic and long-term support services to youth who range in age from eight to twenty-two. Bro/Sis offers wrap around evidence-based programming. The organization focuses on issues such as leadership development and educational achievement, sexual responsibility, sexism and misogyny, political education and social justice, Pan-African and Latino history, and global awareness. Bro/Sis provides four-six year rites of passage programming, thorough five day a week after school care, school and home counseling, summer camps, job training and employment, college preparation, community organizing training, and international study programs to Africa and Latin America.

We are locally based, with a national reach, as Bro/Sis publishes assorted curricula and collections of our members' writings; trains educators from throughout the nation on our approach; and our leadership is invited to speak and present at educational and policy convenings and conferences across the country. Our theory of change is to provide multi-layered support, guidance, education and love to our membership, to teach them to have self-discipline and form order in their lives, and then to offer opportunities and access so that they may develop agency.

Program Services Re-entry

ASP (After School Program)

- For children ages 8-12 operates 5-days-a-week from 3:00-6:30pm, with extended hours to 7:30pm once a week for the Mentoring Program. typical afternoon begins with a healthy meal and time for children to unwind before starting their homework.
- The day ends with enrichment (such as multi-media arts, karate, Afro-Caribbean drumming, nutrition & cooking) and leadership activities (Young Brothers and Young Sisters introduce them to our Rites of Passage Program, tweens participate in activities that will help them transition into ASTEP).

ASTEP (After School Teen Enrichment for youth ages 13-18)

Hip Hop/Studio Class: The BroSis studio will function as a digital music production learning center where members learn to utilize software in order to create and record their own music. Another facet of the program will include vocal training and stage performance savvy. In addition, the program will expose members to different musical genres outside of current popular music such as Jazz, Rock, Soul, Folk and Metal to name a few. The study of theoretical elements of music including sound, pitch, rhythm, melody, harmony, and notation will also be included in the course syllabus. Also, one of the most neglected aspects of music; the business, will be explored and analyzed for members' edification. Another critical element to the class will be an overall historical perspective on Hip Hop culture's impact and influence on American society. After every session members will be charged to write eight bars related to anything they learned during the session, and will share during check-in the following week.

Writers Collective (WC): Youth hone their creative voice and poetry, spoken word and creative writing in a process of nurtured reflection and exchange. Workshops and discussions enable them to examine social justice issues to understand the world and their place in it, and as inspiration. WC members develop performance skills and compete in slam and writing contests.

Bro/Sis Arts: Youth explore the performing arts (acting, writing, dramaturgy, producing, directing) to deepen their understanding of social justice issues and to build the Bro/Sis Repertory Company. They examine the history of the arts and its impact on social movements, learn from diverse professional artists, and collaborate on the creation of original theatre pieces.

Environmental Program includes Gaia Renaissance and Prove it to Gaia (PITG). Gaia Renaissance is an environmental leadership development project for youth ages 14-18. Members create a Mission Statement and definitions for "environmentalist," "leader" and "team partner" that they strive to uphold. They maintain the Frank White Community Garden adjacent to our brownstone, collaborate on environmental justice projects with other organizations, and provide guidance and support to PITG. (PITG is a component of our Summer Leadership Program. Teens are paid to work in the garden on landscaping, construction and maintenance projects.)

Volunteer

You can download and email the volunteer application with your resume to info@brotherhood-sistersol.org or fax to 212-283-3700 to the attention of the Volunteer Coordinator or ASP Coordinator.

Friends of Island Academy

127 W. 127th Street, Suite 127 New York NY 10027 • (212)-760-0755 • www.friendsny.org

The concept for Friends was developed in the late 1980s at the alternative high school called Austin MacCormick Alternative High School, then known as Island Academy, which is located in one of the facilities housing sentenced adolescents on Rikers Island. We strive to break cycles of incarceration by providing limitless opportunities for growth to high-risk young people involved in the City's justice system. We harness positive development practices to champion the strengths of our participants as they overcome obstacles and transform their lives and communities for the better. At Friends, we do this by developing connections and relationships with youth while they are still incarcerated, and by leveraging these relationships after release. Upon release, young people become members of Friends and develop personal milestones and goals in the arenas of health and well-being, education, employment, youth leadership and

community participation. The longer young people remain engaged by and connected to our program (1 to 4 years in levels of intensity that shift and taper according to their progress), the greater the influence we have on their trajectory toward becoming economically independent adults who are involved in their communities in positive ways.

Program Services

Positive Youth Development

- Youth advocacy staff support young people in preparing for the GED, re enrolling in high school, or applying for and enrolling into college or vocational trades.
- Coach job-interested youth members through building a resume and developing interview and soft skills.
- Help youth members with securing and retaining employment.

Jail-to-School Pipeline

- Friends' staff ensures that a school has been identified and that the youth will be placed on the school roster immediately upon discharge.
- Post-release, Friends' neighborhood-based mentors ensure and support immediate enrollment (or transfer) into school and provide on-going transitional support for academic engagement and steady credit accumulation toward a secondary school diploma.

Volunteer

We thrive with the involvement of supportive community members who want to take an active part in our work. If you would like to volunteer with Friends, please email Gina Lee glee@friendsny.org.

At this time, we are particularly looking for the following assistance/skills:

- Administrative Assistance (New York and Bronx offices)
- Mentors
- Graphic arts and publishing
- Social media

If you would like to set up a presentation by our Youth Leaders in your neighborhood, school or other place of business, please contact Andre Obasogie at 212-760-0755 or aobasogie@friendsny.org.

New York Urban League (NYUL)

204 W 136th St New York, NY 10030 • 212.926.8000 • collegeready@nyul.org • nyul.org

The New York Urban League's **Absolute Success College Access Program (ASCAP)** is a comprehensive college and career access model that holds college readiness at the center of all our education services while fostering an environment of high expectations, encouraging leadership, academic achievement and social responsibility. Today, we are developing technologically advanced, research based programming to meet young people's needs during life's most difficult transitions - middle school, high school to college, and graduating from college on time. Our Absolute Success Project Ready youth development and leadership program on Staten Island continues to work with more than 200 students annually on positive education,

college and career choices, conflict resolution and becoming agents of change in their communities. We also offer web-based resources for students and their parents seeking college information and financial aid.

Empowerment Day

The New York Urban League not only believes in the power of education, but also the power to inform educational choices throughout a student's academic career. To that end, the NYUL has developed empowerment days for girls and young men currently in High School. On those days, 300 students visit one of our empowerment sites to explore careers throughout New York City. Empowerment leaders from business, government, public and sports/entertainment will introduce groups of 10-15 young men and women to careers, speak to them about their personal journey to success, and provide a glimpse into a world many of these students have never seen before. Employees are able to educate students about a variety of careers that they may not have known existed and to describe the various paths employees have taken to get into the positions they hold. Along the way, students are unlocking new thoughts and expectations for their future. The girls' day concludes with a panel discussion with professional and celebrity women bringing a message of empowerment and young men's day concludes with mini-round table discussions led by professional men and empowerment site leaders.

Whitney M. Young, Jr. Scholar Connect is a mentoring program specifically designed for New York Urban League Whitney M. Young, Jr. Scholarship recipients. In partnership with the New York Urban League Young Professionals (YP), scholarship recipients are paired with YP's for support, encouragement and to be connected to a caring and trusting mentor throughout their college experience. The connect program includes outings with the scholars when they are home from school, travel support for attendance to NYUL specific events, and the development of an online component to further promote the program and connect with alumni scholars. To become a mentor contact collegeready@nyul.org or call 212.926.8000 ext 141

The College Access Technology Center is an information facility equipped with the tools to provide the guidance and assistance for the college preparation journey. The center, located in Harlem, utilizes technological and staff resources such as workshops and parent education to ensure that students and their families are properly informed and equipped. To make an appointment contact collegeready@nyul.org or call 212.926.8000 ext 141.

Coming Soon: **The College Access Web Portal** is a web resource that will be launched this Fall to prepare, assist and support students on their college journey. It will provide access and linkages to resources for post-secondary readiness, and preparation – admissions, parent education, financial aid, and scholarships – to ensure students and their families feel empowered to embark on the road towards higher education.

Our Annual HBCU Fair is one of the cornerstones of our educational platform to provide every student the NYUL reaches with college exploration opportunities and guidance. Our annual Historically Black Colleges & Universities Fair (HBCU) in partnership with the New York Urban League's Young Professionals, attracts over 3,000 New York City high school students, out of state high school students and their parents. Located at the Riverbank State Park facility in Harlem, the event features more than 45 HBCUs, some of which provide on-site admissions and scholarship awards, and also includes interactive workshops on college admissions, applying for financial aid, researching scholarships, preparing for the first year in college, and succeeding on standardized entry exams. In 2010, participating schools waived 1079 application fees totaling

\$37,765; awarded 43 scholarships totaling \$528,500; and 161 students were admitted onsite. The fair is in its 27th year.

Parent Academies

Parent Academies are workshops designed to help educate parents and caregivers so they are equipped to take an active role in the academic path of their children. NYUL will release A Parent's Guide to College in late September. The guide is designed for parents of students who are the first generation in their family to attend college. The guide will examine all facets of college preparation from entering 9th grade through the critical senior year of high school, as well as examining local options of the CUNY and SUNY system.

HEAF (Harlem Educational Activities Fund)

2090 Seventh Avenue, 10th Floor • New York, NY 10027 • (212)663-9732 • www.heaf.org

HEAF changes the lives of underserved young people beginning in middle school and continuing in college and beyond through a youth development approach that includes rigorous year-round academic enrichment, social and cultural exposure and constant individual attention.

Program Services

High Expectations Middle School Enrichment

- Academic advisement for students and parents about the NYC high school selection process.
- HEAF Saturday Academy.
- After-school academic enrichment classes.
- Preparation for the New York City Specialized High Schools Admissions Test (SHSAT).
- College workshops and tours.
- HEAF Summer Quest: A summer enrichment camp.

College Quest High School Enrichment

- Providing college-level coursework, liberal arts and STEM instruction as well as the fundamentals of financial literacy.
- Familiarizing students with college campus environments through multiple college tours.
- Guiding and supporting participants through every step of the college search and application process.
- Increasing student access to multiple scholarship and financial aid opportunities.
- Competitive Science, Technology, Engineering, and Mathematics (STEM) opportunities through a partnership with NYU-Poly, which prepares high school students to compete in the First Tech Challenge robotics competition.
- HEAF@Barnard – an opportunity for college-level coursework through a partnership with Barnard College.
- Learning for Social Impact™(LSI) — HEAF's annual cultural literacy class that focuses on the political history, cultural identity and economic structures of a different region of the world or group of people. The class culminates in a service-learning excursion to work with young people from the region studied throughout the class.
- Enrichment and accelerated coursework with emphasis on math, science and writing.
- Comprehensive financial aid counseling and workshops for parents and students.
- Week-long college tour for high school juniors.
- SAT test preparation.

- One-on-one mentor relationships with professionals in business, academia and other disciplines.

Youth Development and Counseling

- Rising Brotherhood™ / Unbreakable Sisterhood™ are gender-based classes that focus on cultivating best habits for social, emotional, and physical well-being.
- Youth Leadership Council offers middle school and high school students the opportunity to collaboratively take direct control of projects important to them. It also gives voice to students to ensure consideration of their input in program implementation.
- Annual Youth Development retreat gives students the opportunity to participate in character-building exercises.

Onward College Support

- Social and emotional support for first-generation and underrepresented college students.
- Linkage to summer internships and fellowships for college students. o Guidance in graduate school application and selection.
- One-on-one mentoring opportunities.
- Care-packages and regular correspondence with Onward students. o Career counseling and mentoring.
- Professional development workshops. o College visits.
- Networking.
- HEAF Specific internship and job opportunities. o Volunteer opportunities.

Eligibility Information:

HEAF looks for students who demonstrate intellectual curiosity, academic motivation, personal resiliency, and self-discipline.

Admissions Criteria

- Currently attend a NYC public or parochial school.
- Strong desire to attend a four-year college or university
- Have a minimum GPA of 80% with no grade below 80% in a core subject (Math, English/ELA, Science, or Social Studies).
- Have scores of 3 or 4 on the New York State standardized tests (or score in the 60th percentile or higher on the ITBS test).
- High school applicants must have a minimum score of 75% or above on their Math and English regents exams.
- Middle school applicants must be committed to attending a competitive New York City public high school from among those schools listed on the “HEAF Approved High Schools” list.
- Good school attendance.
- Availability to participate in all mandatory HEAF program activities.
- Currently be in grades 5 through 10. (We work with students from sixth grade until college graduation, but students may only apply to the program between the final semester of the fifth grade year and the final semester of the tenth grade year.)
- Check to see if your child meets the admissions criteria. If you have any questions about your child’s eligibility, please email us at admissions@heaf.org or give us a call at 212-663-9732.

Volunteer

Thank you for your interest in sharing your time and talents with HEAF! Volunteers are invaluable additions to our program and greatly enhance the opportunities we offer our students. Helping at HEAF, whether it is a one-time speaking engagement or a year-long mentoring relationship, increases our ability to ensure success for all of our students. HEAF students benefit from the skills and guidance they receive from volunteers and volunteers experience the priceless satisfaction that comes from working with motivated youth and serving their community.

How to Apply:

If you are interested in volunteering with HEAF, please fill out our online application and our staff will contact you for further discussion of the opportunity you are interested in.

Little Sisters of the Assumption Family Health Service (LSA)

333 E 115th St New York, NY 10029 • 646.672.5200 • www.littlesistersfamily.org

The Little Sisters of the Assumption Family Health Service (LSA), Inc. a nonprofit, neighborhood-based organization founded in 1958, works with the people of East Harlem to address the physical, emotional, educational, and spiritual dimensions of family health.

Our home-based and center-based programs are designed to empower those who are most vulnerable and who have least access to the basic necessities of life, in the conviction that the entire community grows when individuals and families are affirmed in their own dignity.

Program Services

Education and Youth Program

Provides services to youth at risk of underperforming or failing in school, giving them opportunities to improve their grades and performance through after school Homework Help and Tutoring in English and Math.

Girls' Mentoring Program

Girls entering grades 7-9 get exposure to the arts and culture through activities and outings. Together with parents, we support each student and offer counseling about educational and community programs, assistance navigating the education system, and guidance in mentoring their own children. Also at-risk youth are encouraged to explore their creativity through on-site arts workshops, and help many who would not otherwise be able to afford summer camp to attend.

Eligibility Information:

LSA's founders insisted upon keeping an open door so anyone in need of care or support would feel welcome—regardless of a family's ability to pay. To this day, our door remains wide open. If we can't help you, we'll help you connect with someone who can.

Through our skilled nurses, community health workers, focused research, caring relationships and an unwavering dedication to serve the most vulnerable, LSA's staff, volunteers and clients remain inspired by the purpose expressed by the Little Sisters who first served here in East

Harlem. We're here to help. We're here to help families move on from harsh challenges and to let them know they are not alone. Our door is open.

Volunteer

No matter where you live, the families of East Harlem are your neighbors. And they need your help. Please show your neighbors you care. You can give back, connect, make new friends and even network when you get involved as a volunteer for LSA Family Health Service. We count on volunteers to bring their unique skills and healing kindness to families to encourage growth and stability, improve health, and to let them know they aren't alone. At LSA, we believe that our volunteers deserve rewarding experiences, so we work with each volunteer to find ways to optimize their skills, interests and schedules to make a real impact. We will work with you to create a schedule that suits your needs, and focus on areas that will be fulfilling to you. We have opportunities for individuals, groups, and corporations for short and long term commitments.

The Studio Museum in Harlem

144 West 125th Street New York, NY 10027 • (212)864-4500 • studiomuseum.org

The Studio Museum in Harlem is the nexus for artists of African descent locally, nationally and internationally and for work that has been inspired and influenced by black culture. It is a site for the dynamic exchange of ideas about art and society. Since opening in a rented loft at Fifth Avenue and 125th Street in 1968, The Studio Museum in Harlem has earned recognition for its catalytic role in promoting the works of artists of African descent. The Museum's Artist-in-Residence program has supported over 100 graduates who have gone on to establish highly-regarded careers, including Chakaia Booker, David Hammons, Kerry James Marshall, Julie Mehretu, Wangechi Mutu, Mickalene Thomas and Kehinde Wiley. A wide variety of Education and Public Programs bring art alive for the public through lectures, dialogues, performances and on-site and off-site interpretive programs. Museum exhibitions expand personal, public and academic understanding of modern and contemporary art and broaden the scope of art historical literature through the production of catalogs and brochures

Program Services

Target Free Sundays

Target Free Sundays reflects a shared commitment to engage the community and offer a vital cultural experience to all. The Education and Public Programs Department organizes free programs and events geared to our different audiences. There are also hands-on family workshops and theater performances.

Teens

The Museum offers free programs for students outside of the school environment. The programs offer students the opportunity to meet and converse with prominent visual artists, express their ideas in discussions, and facilitate tours and hands-on workshops. Participants develop important communication and critical thinking skills.

Volunteer

Volunteers play a vital role in the operations of The Studio Museum in Harlem. We are always seeking passionate, dedicated and enthusiastic volunteers to help carry out our mission of

encouraging a dynamic exchange of ideas about art and society. Interested in volunteering with The Studio Museum in Harlem? Go to <http://www.studiomuseum.org/support/volunteer>.

East Harlem Tutorial Program

250 2nd Avenue New York, NY 10029 • (212) 831-0650 • ehtp.org

East Harlem Tutorial Program (EHTP) gives kids the opportunities they would have if they were born 20 blocks south. And, we've been doing it for more than 50 years. We teach reading, math and science, provide one-to-one tutoring, prepare kids for college, help them get accepted, and build the social skills they'll need to succeed.

- Self-awareness promotes dynamic-leadership and global understanding.
- Provides one-to-one tutoring, prepares students for college help build social skills.
- Maintain a nurturing and supportive environment for students.

Northside Center for Child Development

1475 Park Ave, New York, NY 10029 • (212) 426-3400 • northsidecenter.org

The helping efforts of Northside Center are geared to the many needs of the families that come to us. While addressing the emotional, developmental and educational needs of the children and families we serve, Northside strives to develop and enhance the self-esteem and self-respect of all children and families.

- Program for kids 13 & under.
- Provides therapeutic therapy at early childhood center.
- Provides mental health clinic, preventative service program, and remedial tutoring.
- Full day programs available during school breaks and vacations.

NYCHA Jackie Robinson Community Center

110 East 129th Street New York, NY 10035 • (212) 348-7900 • nyc.gov/site/nycha/index.page

NYCHAs education programs are geared toward helping young people acquire knowledge skills self-respect and confidence in a fun environment. At most Community Centers NYCHA offers an assortment of programs with activities to appeal to every child from athletics to computers and reading to chess. This facility is authorized to administer over-the-counter topical ointments only

- Programs for children 13 & under.
- Provides a computer resource center, library facility, & pool center.
- Regular after school/ full day programs available during school breaks and vacations.

SCAN Harbor

**345 E 102nd St, New York, NY 10029 • (212) 289-8030 • scan-harbor.org
Harlem Location: 2 W 115th St, New York, NY 10026 • (212) 348-5721**

With programs as diverse as substance abuse treatment, violence prevention, literacy programs, after-school activities and events, employment skills training, and youth leadership, SCAN's family-focused approach builds on individual and group strengths. SCAN programs empower, fostering responsibility and initiative, and enabling families and children to believe in themselves.

- Provides family support services, preventative services, prevention services, tutoring services, and youth counseling.
- College/ career readiness programs.
- Regular after school/ full day programs available during school breaks and vacations.

Countee Cullen Community Center

271 W 144th St New York, NY 10030 • (212) 234-4500 •

hcz.org/our-programs/countee-cullen-community-center/

Peacemakers

We believe every child has unlimited potential. At Peacemakers, we partner with Harlem's public elementary and middle schools to help unlock that potential in all our scholars.

Grades K-8 and Families

A Cut Above (ACA) is an after-school program for scholars in grades K-8 that cultivates a culture of excellence through personal and social development, academic support, health and wellness, STEM and arts enrichments, and community service.

Academy of Arts and Civic Engagement is an after-school program that prepares high school scholars for careers in the arts. Scholars gain career-ready skills, real-world experience, and a network of professional contacts.

9th-12th Grade

Employment and Technology Center is an after-school program that prepares high school scholars for careers in STEM and technical arts. Scholars learn to use cutting-edge technologies, gain career-ready skills, and grow a network of professional contacts.

Countee Cullen Community Center is an after-school program for high school scholars where they learn the ins and outs of careers in broadcasting and media arts. Scholars gain career-ready skills, real-world experience, and engage with industry experts.

Youth Action- Youth Build East Harlem (YAYB)

206 E 118th St New York, NY 10035 • (212) 860-8170 • info@yayb.org • youthaction.nyc

YAYB, headquartered in East Harlem, is dedicated to putting young adults in New York City aged 17-24 on the path to self-empowerment. We provide a program that includes job skills training, job placement services, high school equivalency certification and a safe environment

where students are positively encouraged to become leaders in their communities. Join us in being a powerful force for change.

Visit <https://www.youthaction.nyc/> for more information

Employment Technology Center (ETC)

304 W 117th St New York, NY 10026 • (212) 369-5912 •

hcz.org/our-programs/the-employment-and-technology-center/

ETC's dedicated staff includes specialized teaching artists, whose contagious enthusiasm helps inspire our students and keep them on track through project-based learning in small-group settings. Professional tutors also provide help with homework and test preparation, while Student Advocates give our youth individualized academic and personal support.

- Provides year round programming after school and during the summer to 350 public high school students.
- Works to get students ready for college, both by providing essential academic support.

Employment

Workforce1 Career Center - Harlem Center

215 W 125th St, 6th Floor New York, NY 10027 • (917) 493-7054 •

nyc.gov/site/sbs/careers/careers.page

Workforce1 is a service provided by the NYC Department of Small Business Services that prepares and connects qualified candidates to job opportunities in New York City. Workforce1 makes strong matches for both candidates and employers by using a unique combination of recruitment expertise, industry knowledge, and skill-building workshops to strengthen candidates' employment prospects.

Program Services

Employment

- Prepares and connects candidates to mid-and entry level jobs with New York City employers.
- Candidates attend skill-building workshops to help them put their best foot forward with employers and make them more likely to get the job offer they want.

Career Advisement

- Work with skilled staff to develop a career strategy that is based on your skills, abilities, and interests.

Bridge to Tomorrow

- Works to help candidates get their GED so that they would become a more competitive applicant
- Helps candidates determine what kind of GED preparation they need and connect them to the GED course that's right for them.

Eligibility Information:

- Services available for adults 18 and older
- Services available to New York City residents
- Services are free of charge
- There is no income requirement
- There is no living arrangement requirement
- No walk-ins; Appointment is required
- Agency has Spanish-speaking staff; Clients are required to speak fluent English.

Ready, Willing, & Able

2960 Frederick Douglass Boulevard New York, NY 10039 • (212) 690-6480 • info@gosonyc.org • doe.org/programs/ready-willing-able/

Fostering The Potential of a New Generation:

Of the 18 to 26 year-olds in our program, nearly 50 percent have a history of incarceration, 23 percent grew up in foster care, 93 percent are African-American or Hispanic, 28 percent are fathers, and 48 percent lack a GED or high school diploma. Ready, Willing & Able's Youth Initiative provides targeted services to these young adults, with a focus on education, personal growth and job readiness.

- Education: We offer increased instruction to our youth trainees in the areas of literacy, mathematics, and computer skills. Youth without a high school diploma or GED participate in paid work three days per week, and spend two days enrolled in a combination of adult education classes, life skills workshops, and occupational training sessions. For those possessing GEDs and high school diplomas, we work with literacy partners to place them in appropriate college programs with scholarships.
- Personal Growth: We offer a comprehensive life skills curriculum covering diverse topics including financial management, conflict resolution, independent living, and parenting skills. Programming also includes: Moral Reconciliation Therapy (MRT), a cognitive-behavioral treatment focused on enhancing moral development and self-regard; mentoring; and nutrition and fitness.
- Job Readiness: The Doe Fund's social enterprises provide cutting-edge, eco-friendly training opportunities to our younger participants and generate revenue for the organization. It is vitally important that program participants, particularly those just entering the workforce, acquire the technical skills and experience necessary to thrive in an increasingly competitive job market.

Once trainees have secured outside employment, Graduate Service Advisors closely monitor progress and help them develop plans for advancement, including securing permanent housing. Given that young people have far less, if any, experience living independently, we have introduced a longer and more intensive aftercare program focused on engaging youth.

FEDCAP

119 W 19th St, 4th Floor, Room 404, New York, NY • (212)727-4342 • www.fedcap.org

The Fedcap Group has designed a comprehensive solution to the development of a skilled workforce, a win-win for businesses and employees alike. With an understanding of economic and labor market trends, we are ahead of the curve in providing trained, “ready to work” talent.

Short term job training resulting in modular and stackable credentials in high growth sectors

Employer Based Training customized for specific jobs

Soft skills training ensuring individuals “ready to work” on day one

Case management and post placement/retention supports as indicated.

We also assist companies with tax credits associated with their hiring strategies and may be able to temporarily subsidize wages with third-party funding sources.

The Fedcap Group partners with over 10,000 businesses throughout its international footprint including the US, Canada, England and Scotland, meeting critical staffing needs for employers while assisting thousands of individuals with barriers to economic well-being **forever change the course of their lives.**

Visit <https://fedcapgroup.org/workforce-development/> for more information

Training of Your Choice!

- **Free** Career Advisement
- **Free** Job Readiness Workshops
- **Free** College Preparation
- **Free** Metro Cards for those who qualify
- **Free** Breakfast and Lunch
- **Free** Professional Networking Opportunities
- **Free** Trips

Department of Youth and Community Development (DYCD)

2 Lafayette St, New York, NY 10007 • (800) 246-4646 • nyc.gov/site/dycd/index.page

The Department of Youth and Community Development (DYCD) was created in 1996 to provide the City of New York with high-quality youth and family programming. Our central task is administering available City, state, and federal funds to effective community-based organizations.

The Summer Youth Employment Program

Provides NYC youth between the ages of 14 and 24 with paid summer employment for up to six weeks.

NYC Ladders for Leaders

An innovative program that offers high school and college students the opportunity to participate in summer internships with some of the most dynamic corporations and businesses in New York City.

Train & Earn Program

A year-long program for low-income youth between the ages of 16 and 24 who are not working and not in school. Train & Earn provides extensive job training and employment services to help participants find a permanent job.

Learn & Earn Program

A year-round program for high school juniors and seniors at risk of dropping out. The program provides participants with occupational skills training, employment services, and educational opportunities.

Advance & Earn Program

A new training and employment program for youth between the ages of 16-24. Advance & Earn will help further your career through comprehensive High School Equivalency (HSE) test preparation, employer-recognized trainings, credentials and certifications, and paid internships

Visit <https://www.nyc.gov/site/dycd/services/jobs-internships.page> for more information on each program

Vibrant Emotional Health

80 Pine St 18th & 19th floor, New York, NY 10005 • (212) 254-0333 • vibrant.org/

We provide people with emotional support and care when, where, and how they need it. We run innovative community programs for people at all stages of life, and state-of-the-art crisis lines like the 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline). Our advocacy and education work strives for systemic change. This hands-on experience gives us a unique understanding of the issues people face every day.

Call, Text, Chat, and Online Services

Crisis hotlines and services are our mental health safety net. Vibrant administers the 988 Suicide & Crisis Lifeline, the NFL Life Line, NYC Well, and other crisis intervention services across the country. By providing round-the-clock support and a variety of ways to reach out, our crisis services have helped millions when they need it most.

Community Programs

Every person's mental health story is unique. Vibrant's programs provide custom support to New Yorkers living with mental health concerns at all stages of life. Whether you are a student or an older adult, a veteran or a caregiver, we'll work with you to identify the right treatment and services for your needs.

Advocacy and Education

It's time to shake up the system. Vibrant plays a lead role in bringing stakeholders, lawmakers, and innovators together to reinvent the way we provide mental health care as a society. We strive to empower people with resources, change the conversation around mental health, and help everyone achieve emotional wellbeing.

Business Solutions

Mental and emotional health is a key measure of success and impact. Vibrant collaborates with schools, social media companies, hospitals, professional sports leagues, and more to craft tailored policies, resources, and tools that unite new technologies with best practices in the field.

Disaster Services

Recovering from the aftermath of a disaster should not happen alone. With decades of expertise, we provide compassionate crisis intervention and emotional care to empower survivors of any natural or human-caused disaster to work through their experience and heal.

Harlem Branch New York Public Library

9 West 124th Street New York, NY 10027 • (212) 348-5620 • nypl.org/locations/harlem

The library was one of the first to be incorporated into the extensive New York Public Library branch system. The lower level houses a Center for Reading and Writing, which provides small group and one-on-one literacy instruction for English-speaking adults.

- Young adult reading rooms available.
- Children's room 2nd floor/ children's programs
- 3rd floor free film and other programs.
- Center for reading and writing; small group one-to-one literacy instruction ages 16 & older.

Sports, Fitness & Recreation

Boys & Girls Club of Harlem

425 West 144th Street, 5th Floor Harlem, NY 10031 • (212) 283-6770 • www.harlembgc.org

The mission of the Boys & Girls Club of Harlem is to provide access and opportunities for youth to reach their full potential as responsible members of the community. The Boys & Girls Club of Harlem will develop young minds, instill character, and foster leaders of tomorrow by delivering relevant youth services in a positive, supportive environment. We will be a “best-in-class” organization by creating a culture of excellence through a renewed commitment with the village of Harlem. We will work together with the community to realize our mission.

Program Services

Sports, Fitness & Recreation:

Triple Play: A Game Plan for the Mind, Body and Soul

- **MIND:** The Healthy Habits program is designed to incorporate healthy living and active learning in every part of the Club experience, from the gym to the learning center to the arts and crafts room. The central themes of good nutrition, regular physical activity and improving overall well-being are emphasized.
- **BODY:** This component boosts Clubs' physical activities to a higher level by providing sports and fitness programs, activities and sports competitions for all boys and girls, whether they are athletically inclined or not. Club youth of every age have the chance to have fun playing longer and harder at a variety of games.
- **SOUL:** By participating in a comprehensive social recreation program, Club youth are able to develop and sustain positive relationships with others, acquire a healthy self-concept and a strong belief in their self-worth and cope well with positive and adverse situations

Leadership and Workforce Development

Our Workforce Development and Leadership programs address systemic and local disparities in employment and wealth. By pairing industry-aligned programs with paid internships and opportunities for our youth, we engage youth in comprehensive career exposure and workplace readiness programming. All Workforce Readiness programs are aligned with our social/emotional skill learning and college and career readiness program core areas.

College and Career Readiness

Our College and Career Readiness programs are grounded in Boys & Girls Club of America's research backed diplomas2Degrees and Career Launch programs, aimed to help youth explore, identify, and target future college and career pathways; become more familiar with the college and job application process; and be prepared to succeed within postsecondary and workforce environments.

Social and Emotional Learning

Our goal is for our youth to have the confidence and self-belief to lead successful lives and contribute to their communities. Boys & Girls Club of Harlem programming is aligned with the CASEL framework, focusing on our youth's self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. Additionally, all youth receive intergenerational mentorship, social and emotional-oriented programming, and support from trained social work staff and interns.

Academic Support and Enrichment

BGCHarlem works closely with its school partners to ensure that they support their learners by creating a seamless day from traditional school to afterschool. Aligned with NYS learning standards, BGCHarlem's academic skills enhancement program focuses on STEM and literacy enrichment by implementing a variety of evidence-based programming, including the rigorously researched program Brain Gain, DIY STEM, Khan Kids, Money Matters, and other curricula.

STEM

BGCHarlem's STEM programs focus on project-based learning in science, mathematics, and technology, with a focus on highlighting not just content, but also cultural and career connections. At our teen level, clubs in Robotics, Data Science, Health Advocacy, and Horticulture help youth build competitive STEM industry skills, and our Summer Technology Academy and App Incubator ties together business skills, financial empowerment for youth, and critical technical skills for those interested in the technology industry.

Financial Literacy

At Boys & Girls Club of Harlem, our goal is to create financial empowerment supported by financial literacy and money management— to teach our youth not only how to make money but to build wealth. All teenage youth receive Boys & Girls Club of America's Money Matters program supported by individual partnerships with Chase and University of Pennsylvania's Wharton Business School, critical education to support financial management of the paid opportunities our youth gain through our workforce development programs.

Arts and Culture

Boys & Girls Club of Harlem roots itself in Harlem as one of the foremost cultural capitals of the world. In addition to specific programs in design, visual arts, and performing arts, arts and culture are integrated across all Boys & Girls Club programming.

Youth Advocacy

BGCHarlem's Youth Advocacy Program partners with Cornell University to teach our youth communication, public speaking, and social justice skills. Youth conduct community research projects, hold local town halls, and complete community contribution projects aimed at making a difference in the neighborhood.

Volunteer

There is an old saying that goes... “It takes a village to raise a child.” Here in the Village of Harlem we realize that it just takes one person to change the life of a child, but collectively we are able to create an everlasting impact. If you would like to become a Mentor or Volunteer at the Boys & Girls Club of Harlem during the school year, please complete a volunteer/mentor form, and submit it to edmassiah@harlembgc.org. Please note that for the safety of our children, a pre-screen interview and background check will be required prior to being approved to volunteer or mentor at any of our Clubhouses.

Dream

SHSI@schools.nyc.gov • schools.nyc.gov/learning/programs/dream-program

DREAM-SHSI is a Saturday and summer academic program that prepares eligible 7th grade New York City public school students to take the Specialized High Schools Admissions Test (SHSAT) in the 8th grade.

Eligibility Requirements

- To be eligible for DREAM-SHSI students must meet all of the criteria below in part A and part B. Eligible students are contacted by their schools and through mailed letters to the student’s address.
- Students from all New York City school districts are eligible if they meet income and academic requirements.

Part A - Students must:

- Be a current NYC resident
- Be enrolled in the seventh grade in a DOE public or charter school
- Score a minimum of: 3.2 or above on both the 2023 grade 6 New York State Math Test and grade 6 New York State ELA Test.

Part B - Students must EITHER:

- Live or attend school in NYC school districts: 4, 5, 6, 7, 8, 9, 10, 11, 12, 16, 17, 18, 19, 23, 27, 29, or 32

OR

- Live and attend school in NYC school districts 1, 2, 3 13, 14, 15, 20, 21, 22, 24, 25, 26, 28, 30, 31 and attend a school that has an economic needs index above 63%

OR

- Live and attend school in NYC school districts 1, 2, 3 13, 14, 15, 20, 21, 22, 24, 25, 26, 28, 30, 31, and meet income requirements based on federal guidelines, as informed by the family income inquiry form, completed by families for their schools in the fall. If you believe your child qualifies through this means but have not been contacted by DREAM, then you can fill out this supplemental eligibility

<https://docs.google.com/forms/d/e/1FAIpQLSc6ECeKeI408z9CJEwUMfuGcill0c1GdU0UCIRoLLhTPJGoA/viewform>) survey here with your child’s information.

Police Athletic League (PAL)

441 Manhattan Ave, New York, NY 10026 • (212) 665-8699 •
palnyc.org/manhattan/harlem-center

The Police Athletic League, together with NYPD and the law enforcement community, supports and inspires New York City youth to realize their full individual potential as productive members of society.

PAL serves the youth of New York City with recreational, educational, cultural, and social programs. Boys and girls ages 3 to 21 build for the future with a place to learn, grow, and dream.

For Info on the following programs:

- PLAYSTREETS
- After-school Programs
- Summer Camp
- Early Childhood
- Teen Programs
- Sports and Recreation
- Police and Community

Visit <https://palnyc.org/programs-overview>

Volunteer

Every year, individuals and groups support PAL kids and teens as mentors, tutors, teaching artists, coaches or administrative work with the Police Athletic League. Together, with staff and police volunteers, PAL works to inspire New Yorkers to volunteer their time to help our youth.

We are beginning to accept individual volunteers to assist with projects throughout the five boroughs. Some examples of ways to volunteer include:

- Back to school supply drives
- Special activities
- Virtual Volunteers
- Social Media

For more information about volunteering with PAL, please complete the form. If you are a corporation or organization interested in volunteering with a group of employees, please email advancement@palnyc.org to learn more.

Street Squash

41 W 115th St, New York, NY 10026 • (212)289-4838 • streetsquash.org

Founded in September 1999, StreetSquash is a comprehensive youth enrichment program that combines academic tutoring, squash instruction, community service, college preparation, leadership development, and mentoring for public school students in Harlem, NY. StreetSquash provides intensive, long-term support through a broad range of services for children and families beginning in elementary school and extending beyond college graduation.

After School Program

The original component of StreetSquash, the After School Program, has served over 400 students, alumni, and families in Harlem and Newark. StreetSquash no longer serves Newark.

Participants are recruited as middle schoolers and commit to four days of programming per week through high school graduation, making up teams of 20-30 students per each cohort. Beginning

in 9th grade, the College Access & Success Program is a core component of participation. In addition, each student engages in all of the following program areas:

College Access & Success

The College Access and Success Program is an extension of the After-School Program beginning in high school, and is mandatory for all participants beginning in 9th grade through college admission. Upon graduation from high school the program provides college counseling and support services through college graduation and beyond.

Summer Programs

StreetSquash's year round programs continue throughout the summer, in Harlem and beyond New York City. Programs include the Summer Discovery Program at the SL Green StreetSquash Center, and opportunities for travel, learning, and squash across the world for middle school, high school, and college students.

Social Work

The StreetSquash Social Work Program works with students and families to improve and deepen the services and support that StreetSquash can provide. Recognizing that participants and their families need more than just academic and athletic support to be successful, StreetSquash social workers aim to address social-emotional, mental health, and many others needs through individual and small group counseling, referrals for outside services, and a variety of programs for students and families.

Squash

Squash is an indoor racquet sport played all over the world, but with limited exposure in the United States. At StreetSquash, almost all students are introduced to squash for the first time when they join the program. They develop a love for the game and work hard to hone their skills through regular lessons, training sessions, and competition. By the time StreetSquashers are in high school, many are competing in regularly scheduled matches and tournaments, and a growing number of graduates are playing squash at the collegiate level with the College Squash Association.

Riverbank Ice Hockey Youth Program

Denny Farrell Riverbank State Park • 679 Riverside Dr, New York, NY 10031

Phone: 212-694-3642

The Youth Ice Hockey Programs at Riverbank State Park offer the most affordable introduction to and training in recreational ice hockey in New York City. Program fees are \$212-\$247 for the entire winter season from November through March. There are two 90-minute midweek practice sessions for 8U Mites, 10U Squirts, 12U PeeWees, 14U Bantams and 18U Midgets. Teams are co-ed. Games are played on weekends, and teams often have more than one game per weekend. Coaches provide structured training and drills for all levels of ability in both recreational and competitive hockey. Coaches encourage individual development, teamwork and foster a natural, healthy competitive spirit that comes from within.

Riverbank participates in the Hudson Valley Hockey League, and competes against teams across New York City, Westchester and New Jersey. Riverbank teams also play friendly, non-league games against clubs throughout the region.

Riverbank hosts the annual Lightning Tournament, and Riverbank teams participate in tournaments throughout the region.

All are welcome! We have a diverse group of participating parents and children who love the sport. The games are exciting for the parents as well as the children. Try out one season of ice hockey at Riverbank State Park to see if your child loves to move and fly over the ice.

Gladiator Sports Inc.

540 Lenox Ave Harlem, NY 10037 • (646) 213-1373 • info@gladiatorsports.org • gladiatorsports.org

GLADIATOR SPORTS, INC. is a Harlem-based non-profit organization that provides basketball; cheerleading and educational programs for boys and girls aged 6 to 18

- Provides a structured wholesome, educational, and enjoyable recreational experience for the youth of central Harlem and the surrounding boroughs of NYC.
- Basketball & cheerleaders are T.E.A.M (Together Each Achieves More)
- Sports emphasis placed on learning to improve oneself.
- Effective tools in promoting values such as motivation, courage, determination, commitment, integrity and respect.
- Operates primarily on Saturdays from 9AM-3PM.

Opus 118 Harlem School of Music

433 E 100th St, New York, NY 10029 • (201) 338-0053 • opus118.org

Opus 118 is committed to our local community by serving the children and families of Harlem. Our students appreciate the generosity and support they have received. In return, students have given back by performing at local venues such as: Mount Sinai Hospital, International House, Columbia Medical Center, Harlem Studio Museum, The Academy of Arts and Letters, El Museo del Barrio, and other local establishments. Through our performances, we reach out to new audiences in an effort to bring the gift of music to New York City residents.

After School Program

Opus 118 offers the After-School Program to students who wish to develop their musical talent through the best possible instruction and mentorship. Since 2002, the program has served as a positive element in the lives of children. Students enrolled in the After-School Program attend weekly private, group, and ensemble lessons in the afternoon and evenings. Students of all ages are trained in violin, viola, cello, guitar, and piano. Monthly recitals and community performances for families, friends, and the general public showcase these students' hard work.

Teacher Training Program

Through the Teacher Training Program, Opus 118 remains committed to fostering emerging music educators versed in the successful Opus pedagogy. Participants in the Teacher Training Program receive opportunities for classroom observation, co-teaching, out-of-classroom peer learning, and the mentorship of our experienced faculty. Through the Teacher Training Program,

Opus 118 aims not only to offer hands-on experience and impeccable training to new teachers, but also to address a community need for additional excellent, skills-based music educators.

NYC Parks & Recreation Thomas Jefferson Center

2180 1st Ave New York, NY 10029 • (212) 860-1383 •

nycgovparks.org/facilities/recreationcenters/M047

Although only a few blocks long, this friendly neighborhood park is packed to the brim with things to do. On busy days, runners circle the track while groups of friends shoot hoops, hit balls, and take advantage of the baseball and handball courts. The small recreation center on its grounds offers a fitness room, exercise equipment, and classes for those looking for a good workout.

To see upcoming free events visit

<https://www.nycgovparks.org/parks/thomas-jefferson-park/events>

Y After School at P.S. 57

176 East 115th Street New York, NY 10029 • (212) 912-2162 • psms57.org/afterschool.html

When children enter the Y Afterschool program, a whole other world of imagination and growth opens up to them. In addition to supplementing what they have learned in school, they participate in interactive learning models that engage critical thinking skills, get assistance with their homework from trained YMCA staff, have a chance to socialize with each other, and form long-lasting friendships that enhance their development, growth, and self-confidence.

Our curriculum is based on a program model that focuses on learning enhancement, health and recreation, and building competence and confidence in children. The program runs every regular school day, for 3 hours, in a supervised and structured environment, providing a safe after-school alternative for children.

- 5 days a week k-5
- Must be children ages 12 & under and attend P.S. 57
- Provides summer day camps in July- August.

Dance Theatre of Harlem

466 west 152nd Street New York, NY 10031 • (212) 690-2800 • dancetheatreofharlem.org/

Dance Theatre of Harlem is a leading dance institution of unparalleled global acclaim, encompassing a performing Ensemble, a leading arts education center and Dancing Through Barriers®, a national and international education and community outreach program.

Provides dance instruction, training by audition only, dancing through borders education.

Programs include:

- Dance with Me! Music & dance program for parents & toddlers (6 & up)
- West African dance classes available.
- Varies based on program, family fit class offered for \$1.

Marcus Garvey Park

18 Mt. Morris Park West (W 122 St) New York, NY 10027 • (212) 860-1380 • nycgovparks.org/parks/marcus-garvey-park/events

A park that nurtures its entire community, Marcus Garvey provides pastimes for children, teens, adults, and the elderly.

- Range of programs for all ages.
- Accessible recreational center.
- Offer facilities such as indoor pools, weight rooms, basketball courts, dance studios, art studios, game rooms, libraries, computer resource center provided.

Harlem Center

441 Manhattan Ave, New York, NY 10026 • (212) 665-8699 • palnyc.org/manhattan/harlem-center

Harlem PAL is the place where leaders are born. Located in the heart of Harlem, our center provides a safe haven for young people-winter, spring, summer and fall. Not only is the Harlem Center a place where we develop our youth academically but we offer Recreation, Arts and Crafts, Step and Dance. We expand on our youths capabilities and empower them to strive for more than their best.

- Program offered Monday- Friday 3PM-6PM.
- PAL after school programs make a positive difference in the academic success and in the artistic, recreational and social development 1st-8th grade.
- Sports & recreation; its tradition of providing the first organized sports and recreational experience.
- Baseball, basketball, softball, volleyball, soccer, and flag football.
- PAL summer day camp designed to stimulate learning, foster creativity, facilitate an appreciation of cultural diversity.
- Summer youth employment 14-24 employment and educational experience available.

National Jazz Museum in Harlem

58 W 129th St Ground Floor, 2203, New York, NY 10027 • (212) 348-8300 • jmih.org

The mission of the National Jazz Museum in Harlem (NJMH) is to preserve, promote and present jazz by inspiring knowledge, appreciation and the celebration of jazz locally, nationally and internationally. We tell the truth about jazz and fuel our mission through four Core Programs: Education, Jazz &... (Community Engagement & Performance), Exhibits and Partnerships. Our programming and our Diversity, Equity and Inclusion Policy represent our commitment to showcasing jazz and jazz-adjacent voices and perspectives that characterize and welcome the most inclusive diversity of audiences.

NJMH invites in person and online audiences to join the jazz in Harlem experience. Our world-renowned, multi-GRAMMY® winning Artistic Directors Jon Batiste and Christian McBride contribute to the creative vision of our exhibits and outreach, and curate much of our programming. Jazz is a living, evolving organism expressed through connections with real people. Our vision is to make jazz accessible to everyone on the planet. We are a living, evolving museum for the people, center for jazz and a place in Harlem where visitors gather to enjoy history and music, and where artists come to play, rehearse, create or drop-in, even when no one else is there, just to be in the space that so many others have passed through.

The Museum offers a wide range of free online and in person programming to educate, entertain and connect audiences, jazz artists, educators and scholars. Each year, because of the generosity of our supporters, we produce over 100 free and highly subsidized jazz workshops, performances and events that serve more than 200,000 people in Harlem, New York City, the U.S. and the world. Hundreds of artists representing the broadest diversity of jazz and jazz in Harlem find an arts home at the National Jazz Museum in Harlem, whether online or at our physical location at 58 West 129th Street in Central Harlem's cultural and entertainment district. Our space, our virtual platforms and our collaborations are designed to offer our visitors immersive jazz experiences offered from the heart of Harlem.

Visit <https://jmih.org/education/> for information on year round educational programs

Open to the Public

Thursday – Saturday, 12pm to 5pm

Booker T Washington

123-125 West 110th Street New York, NY 10026 • (646) 539-5941

Not-for-profit community center offering community members educational and recreational activities, including: after-school recreational and academic enrichment for children in grades 1-12; adult (ages 18+) education and recreational activities, including exercise, ESL and GED classes; and on-site social workers providing social services and referrals to program attendees.

- Aims to help students achieve academic success; while helping them become healthier and more engaged on to the world. In addition to providing homework help and tutoring. BTW employs specialized teaching artist who introduce students to photography, video and dance.
- Salsa dancing, yoga, boot camp, Zumba, nutrition classes GED classes available.

Harlem Grown

127 W 127th St Harlem, NY 10027 • (212) 870 0113 • harlemgrown.org

WE ARE an independent, non-profit organization whose mission is to inspire youth to lead healthy and ambitious lives through mentorship and hands-on education in urban farming, sustainability, and nutrition.

Our mission is to inspire youth to lead healthy and ambitious lives through mentorship and hands-on education in urban farming, sustainability, and nutrition

Our programs are designed to use urban farms as living classrooms and facilitate hands-on experiential lessons for Harlem youth.

Programs

- **Farm Stands**
- **Saturdays on the Farm**
- **School Partnerships**
- **Community Events**
- **Summer Camp**
- **After-School**
- **Mobile Kitchen**
- **Farm Tours**
- **Learn From Us**

Visit <https://www.harlemgrown.org/farm-stands> for up to date and in depth descriptions of each program

TADA! Youth Theater

15 W 28th St, New York, NY 10001 • (212) 252-1619 • <https://tadatheater.com/>

TADA!'s vision is that all young people grow up feeling successful, creative, confident, accepted, and accepting of themselves. Through the ability of people learning to express themselves well we can break down barriers of racism and inequality and create positive, active citizens.

TADA! Youth Theater's mission since 1984 has been to provide young people from different social, racial, economic, and cultural backgrounds with musical theater programs that inspire them to learn, be creative, and think differently through high-quality productions, positive youth development, and education programs.

Resident Youth Ensemble of TADA! (RYET)

At the heart of TADA! is the Resident Youth Ensemble, a unique, award-winning, completely free, pre-professional theater training and positive youth development program, which annually serves between 60-80 children aged 8 -18. Membership into the Ensemble is by audition only. Once in the Ensemble, members receive free training in theater etiquette, dance, voice, and acting, as well as valuable experiences that teach life skills such as time management, discipline, accountability, and conflict resolution. Members perform in Mainstage productions and at special events throughout NYC.

Education

TADA!'s Education Department provides unique and engaging arts programming that inspires students from all racial, economic, and social backgrounds. We specialize in musical theater and the co-creating of original work through singing, dancing, and acting. For over thirty-five years TADA! has offered year-long classes and camps at our onsite location as well as in-school residencies and after-school programming in both public and private schools all across New York City and the five boroughs. Everything that we teach at TADA! is rooted in the core belief that we are better together. All programming is based on ensemble-building techniques that facilitate an equitable and active learning environment where cooperative, personal, and creative growth are fostered in a structured and supportive setting.

Production

TADA!'s original thought-provoking, innovative and socially relevant musical theater productions are commissioned specifically for performances by the Resident Youth Ensemble.

These musicals have been written, scored, arranged, directed, choreographed and designed by artists with backgrounds in Broadway, Off-Broadway, television, recording and film industry. Productions run for 17 – 35 performances, unlike other youth theater companies, and are intended for young audiences and their families. TADA!'s themes often empower performers and audiences to realize that they are vital members of society who can make the world a better place. Written specifically for their age group, productions are designed to address the needs of today's youth and teens. Themes such as self-acceptance, acceptance of others, family life, growing up, finding your place in the world, and bullying are typical subjects that members and audiences can relate to.

The Possibility Project

377 5th Ave, New York, NY 10016 • (212) 924-2300 • the-possibility-project.org

Each year, you'll go through an intense, year-long creative process with your peers. You'll write an original musical based on the stories of your life and your ideas to create a more just and peaceful world.

You'll also plan and complete Community Action Projects where you will put your ideas into action to improve the lives of people across New York City.

For information or to learn how to join, DM us here, or email or call Alex Batres at alex@the-possibility-project.org or 212-924-2300.

Housing

Department of Youth and Community Development (DYCD)

2 Lafayette St, New York, NY 10007 • (800)246-4646 • nyc.gov/site/dycd/index.page

The Department of Youth and Community Development (DYCD) was created in 1996 to provide the City of New York with high-quality youth and family programming. Our central task is administering available City, state, and federal funds to effective community-based organizations.

Runaway Homeless Youth

The New York City Department of Youth and Community Development (DYCD) runs a range of services for Runaway and Homeless Youth that includes Drop-in Centers, Crisis Shelters, Transitional Independent Living programs, and Street Outreach and Referral Services. DYCD's Runaway and Homeless Youth services are designed to protect runaway and homeless youth and reunite them with their families whenever possible. We also offer specialized programming for runaway and homeless pregnant and parenting youth, sexually-exploited youth and Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) youth. We are committed to providing all runaway and homeless young people with the resources they need to get off the streets and stabilize their lives.

Program Services

Transitional Independent Living

Provide homeless youth (ages 16-20) with longer-term shelter, in addition to the training and support they need to establish an independent life.

Crisis Shelters

Provide young people a safe and welcoming temporary shelter.

Borough-Based Drop-In Centers

Provide youth up to the age of 24 and their families with essentials like food, clothing and immediate shelter as well as access to counseling, support, and referrals to relevant services.

Street Outreach

Provides street outreach services including food, clothing and other resources to run away and homeless youth throughout all five boroughs in New York City.

Legal Services

Urban Justice Center

123 William St, New York, NY 10038 • (646) 602-5600 • urbanjustice.org

Who We Work With

- On any given night, there are between 4,000 and 8,000 homeless young people on the streets of New York City, up to 40% of whom identify as LGBTQ.
- A disproportionate number of these young people are youth of color or immigrants, have mental health diagnoses, and are involved in criminalized survival economies like the sex trades.
- Six out of ten LGBTQ youth on the streets have already been in foster care and have chosen to live on the streets where they feel safer.
- This chronic, systemic failure to protect LGBTQ youth from abuse and provide them the resources they need to transition safely to adulthood means these young people are at extremely high risk for homelessness and involvement in criminalized survival activities.
- The young people who we meet exist at the intersections of multiple forms of oppression: most of our clients identify as people of color, and many are also immigrants, mental health consumers, involved in criminalized street economies, and/or HIV+.
- These intersecting oppressions often result in additional life stressors, additional marginalization, and additional barriers to accessing legal services.

What We Do

We provide free & non-judgmental civil legal services to homeless and street-involved youth. Some of our most common legal cases include:

- Name and gender marker changes
- Obtaining legal immigration status
- Public assistance and food stamps
- Criminal history reviews
- Improving conditions of confinement for New York City and State prisoners.

We also provide case management services which help eliminate the obstacles young people may face to full participation in their legal cases. We provide community education to empower young people to exercise their rights. To support our direct services and education, we also engage in long-term policy and litigation strategies to reform the systems in which our clients struggle to survive.

How We Help

We meet clients through a toll free warm-line and at drop-in legal clinics housed at locations where homeless young people congregate to access food, shelter, healthcare, counseling, case management, and community. **PCYP addresses the legal needs of homeless and street-involved youth.** At the Peter Cicchino Youth Project (PCYP), our mission is to interrupt the cycles of poverty and criminalization that prevent homeless and street-involved young people from living fulfilling lives free from discrimination, abuse, and oppression. Because up to 40% of homeless youth identify as lesbian, gay, bisexual, transgender, queer, or questioning (LGBTQQ), PCYP specializes in working with these young people. Through a unique blend of legal services, advocacy, case management, and community education, we work to ensure that homeless and street-involved youth have access to food, shelter, income, healthcare, legal immigration status, and education.

Harlem Community Justice Center

170 E 121st St, New York, NY 10035 • (212) 360-4100 • [innovatingjustice.org/](https://www.innovatingjustice.org/)

Through housing, financial, and legal assistance, we help tenants navigate housing court to resolve critical repairs and prevent evictions.

Our programs' Housing Resource Centers serve the housing needs of New Yorkers. When necessary repairs aren't made, residents must make do without essentials like gas and heat. Economic hardship leaves many on the brink of eviction and homelessness. Through housing, financial, and legal assistance, we have helped thousands of New Yorkers resolve the issues they are facing to remain in their homes.

Housing Resource Centers currently operate in Red Hook, Brooklyn, and East Harlem

Visit <https://www.innovatingjustice.org/programs/housing-resource-centers/more-info> for more information

Legal Aid Society

Theresa Towers, 2090 Adam Clayton Powell Jr Blvd. New York, NY 10027 • (212) 426-3000
• legalaidnyc.org/office/harlem-community-law-offices/

Harlem Community Law Offices

The Juvenile Rights Special Litigation & Law Reform Unit supports our Family Court trial practice and our clients by engaging in class action and other impact litigation, legislative and administrative advocacy, training, and public education in the areas of child welfare and juvenile justice. This Unit has been instrumental in establishing the rights of children in New York who experience foster care or are involved in the juvenile justice system.

- Child Welfare
- Juvenile Justice
- Legislative Advocacy

Home of Integrated Behavioral Health

109 E 115th St, New York, NY 10029 • (917) 485-7280 •

<https://www.nyfoundling.org/what-we-do/centers-of-excellence/home-of-integrated-behavioral-health/>

Who We Are

- We believe that all children have the right to grow up in loving and healthy environments that provide the foundations for success.
- We believe that parents who want to care for and protect their children can be helped and, with the proper tools, can succeed.
- We believe that all individuals with developmental disabilities deserve to live their lives with dignity.
- We believe the devastating effects of poverty, substance abuse, violence and lack of opportunity – particularly on children and families – can be combated through the use of proven, effective support services.
- We serve over 6,000 children and families each year in New York and Puerto Rico.

Who We Serve

Young people in crisis, adolescents whose lives have gone off track, families breaking apart – those and others, all underserved and in trouble – and all finding help at The Foundling:

The Foundling is playing a leadership role in re-making New York’s broken juvenile justice system, which for years has been spending enormous sums of money on tactics that don’t work and producing outcomes that are appalling. Rather than spending \$200,000 per year to house a juvenile offender in a residential facility 200 miles from home – with 80% of those juveniles being rearrested within 36 months of their release – we are working with the city and state on programs that produce better outcomes for the juvenile offenders, for the community and for taxpayers. The Foundling has now served hundreds of young people who have been diverted to our programs rather than being sent “upstate.” Through our evidence-based programs, which stress accountability and verifiable, replicable results, we are already making a significant difference, with dramatically reduced recidivism rates and dramatically lower costs. Whether the program targets troubled youth before they enter the justice system or adjudicated juveniles in need of rehabilitation, all of our Juvenile Justice Initiatives share the philosophy that a child’s behavioral and criminal problems must be addressed with a comprehensive approach involving their families and communities.

Blue Sky

Our first ever alternative to incarceration program, Blue Sky employs research supported intervention strategies to treat young offenders while they remain at home and in the community.

Arrow

Funded by The Robin Hood Foundation, ARROW is an alternative to incarceration program that serves adolescents whose court involvement is a direct result of their having significant psychiatric impairment.

Kids Experiencing Young Successes (KEYS)

A community and family based intervention that focuses on adolescents whose behavior puts them at very high risk of formal court involvement.

Families Rising

Funded by the Pinkerton Foundation and implemented in conjunction with Judge Michael Corriero's New York Center for Justice, Families Rising keeps older adolescents charged with a crime out of detention, and at home, while their case is being processed through criminal court.

Way Home

Our Way Home program works with adolescent offenders whose families are reluctant to have them return home while their case is being processed in family court. The program simultaneously works with the offender and his/her parents or other adult guardians in an effort to convince all parties that it is in everyone's best interest to identify ways in which appropriate family relationships can be more productively established and maintained.

Center for Justice Innovation

520 8th Ave, New York, NY 10018 • (646) 386-3100 • innovatingjustice.org

The work of the Center for Justice Innovation (formerly Center for Court Innovation) touches all stages of the justice system, from arrest through reintegration into the community. But our work goes further by seeking to reduce the need for justice system involvement in the first place. Our primary long-term goal is to identify and resolve as early as possible the challenges that bring people into the criminal and civil legal systems. We do this in a number of ways, including investing resources in underserved communities, problem-solving side-by-side with populations affected by crime, and building programs that respond to offending and increase safety without imposing lasting harms on individuals or communities.

As an organization that works closely with systems and with communities, we are uniquely positioned to bridge the gap between them, fostering communication, understanding, and trust. Our approach involves collaboration among our three main teams: research and evaluation; direct-service programming; and training and expert assistance. Research informs programming, programming informs research, and both research and practice inform our efforts to train and assist communities across the U.S. and internationally in adopting tailored reforms.

Visit <https://www.innovatingjustice.org/programs> for info on the 31 programs offered in the 5 boroughs of NYC

NYC ACS Juvenile Justice

150 William Street, New York, NY 10038 • (212) 341-0900 • nyc.gov/site/acs/justice/juvenile-justice.page

Juvenile Justice

ACS provides a wide range of services to improve the lives of children and families involved in the New York City's juvenile justice system, while building stronger and safer communities and advancing public safety. We strive to provide supportive services that are responsive to the needs of individual youth and families.

Our services include:

- Preventive programs in the community that keep young people out of the juvenile justice system
- Detention services for youth remanded to ACS' custody while their court cases are pending
- Placement services for youth who are adjudicated by the Family Court, as well as aftercare services to transition youth from residential placement back to the community
- Alternative programs that make it possible for youth to remain in the community instead of an out-of-home program

ACS collaborates with the courts, other city agencies such as the Department of Probation and Department of Education; attorneys, community-based service providers and many others throughout the process.

Visit <https://home.nyc.gov/site/acs/justice/juvenile-justice.page> for more information

Technology

Girls Who Code

Website: <http://girlswhocode.com>

MISSION: Girls Who Code programs work to inspire, educate, and equip girls with the computing skills to pursue 21st century opportunities.

VISION: Girls Who Code's vision is to reach gender parity in computing fields. We believe this is paramount to ensure the economic prosperity of women, families, and communities across the globe, and to equip citizens with the 21st century tools for innovation and social change. We believe that more girls exposed to computer science at a young age will lead to more women working in the technology and engineering fields.

PATH TO SUCCESS: The U.S. Department of Labor projects that by 2020, there will be 1.4 million computer specialist job openings. To reach gender parity by 2020, women must fill half of these positions, or 700,000 computing jobs. Anecdotal data tells us that an average of 30% of those students with exposure to computer science will continue in the field. This means that 4.6M adolescent girls will require some form of exposure to computer science education to realize gender parity in 2020. Girls Who Code has set out to reach 25% of those young women needed to realize gender parity.

Girls Who Code aims to provide computer science education and exposure to 1 million young women by 2020.

Together with leading educators, engineers, and entrepreneurs, Girls Who Code has developed a new model for computer science education, pairing intensive instruction in robotics, web design, and mobile development with high-touch mentorship and exposure led by the industry's top female engineers and entrepreneurs. Girls Who Code launched in 2012 with one program in New York City, and in just one year expanded its Summer Immersion Program to 8 programs in 5 cities nationwide.

Building on this success, the organization launched Girls Who Code Clubs in schools, libraries, and community-based organizations across the country, and is poised to dramatically increase programming in 2014

Re-Entry

Columbia Center for Justice

**1190 Amsterdam Avenue, 219 Schermerhorn Hall • New York, NY 10027 •
centerforjustice@columbia.edu • <https://centerforjustice.columbia.edu/>**

The Center for Justice is committed to ending mass incarceration and criminalization, and advancing alternative approaches to justice and safety through education, research, and policy change. Its mission is to help transform approaches to justice from being driven by punishment and retribution to being centered on prevention, healing and accountability. The Center is interdisciplinary and works in partnership with schools, departments, centers and institutes across Columbia, other universities, government agencies, community organizations, advocates and those directly affected by the criminal justice system.

The Center for Justice is committed to offering year-round programs, events, and trainings in an effort to increase awareness and stimulate discussions focused on advancing justice reform, and develop a local and national university and community network engaged in justice reform. Our primary public program, Beyond the Bars Conference, takes place annually in March and features distinguished leaders in the movement to reform the justice system, as well as numerous breakout sessions and workshops to meet and learn from practitioners around the country. Other events center on timely and relevant topics, all of which can be accessed through our events calendar.

Getting Out and Staying Out (GOSO)

**91 East 116th Street New York, NY 10029 • (212) 831-5020 • Info@gosonyc.org •
gosonyc.org**

Getting Out and Staying Out is dedicated to drastically reducing the recidivism rate for 16 to 24-year-old justice involved men by ensuring economic independence through purposeful education and directed employment. GOSO has established itself as one of the most effective reentry programs in the NYC area for 16 to 24 year-old men at Rikers Island.

Program Services

Case Management and Mental Health Services

GOSO's approach is unique because our program is staffed by a team of licensed social workers who provide therapeutically-informed case management services. Each participant is matched with one of our social workers, known as a Career Manager, with whom they work on their goals. Our staff provides effective treatment in the form of individual or group psychotherapy to address the mental health issues experienced by our participants.

Court Advocacy

GOSO assists participants in avoiding jail time or reducing a potential sentence through court advocacy. Our participants may need to appear in court for a variety of reasons and we support

them by engaging their attorneys, district attorneys and judges, and by appearing in court on their behalf. We write hundreds of letters each year attesting to participants' hard work, both in our program and in the community. Over the last decade, GOSO has earned a reputation with the courts, other community providers, government agencies, and defense attorneys as a program that provides effective services in lieu of jail or a prison sentence.

GOSOEd

In collaboration with the NYC Department of Education (DOE), GOSO has established Pathways-to-Graduation (P2G), a high school equivalency program at our Education Center. This class makes education more accessible to our participants by connecting them to educators and volunteer tutors along with breakfast, lunch, and MetroCards for transportation to and from class. Beyond our P2G class, we support participants who aspire to attend college by providing connections that help them enroll in and pay for higher education.

GOSOWorks

Utilizing funding from the City of New York, our employment program, GOSOWorks, connects participants to subsidized internship-to-employment opportunities with about 100 businesses across New York City. GOSOWorks is a staffing solution available at no cost to employers for the first 240 hours of work, after which employers can hire our participants. Many of our participants are hired in full-time jobs after going through the internship program. With our support, they become outstanding employees, ready to grow with the challenges of the job.

Housing and Benefits Program

We recognize that success is not possible without a safe space to call home, food, healthcare, and other necessities. We connect participants to housing resources such as grants, stipends, and vouchers; advocate for those with housing court involvement; guide them through applications for affordable housing; and assist with identifying emergency shelter. We also link participants to benefits such as SNAP and Medicaid.

Emerging Leaders Program

Emerging Leaders is GOSO's five-month leadership training for young people who are ready to tap into their leadership skills and to help shape the community around them. Through the program, participants have the opportunity to discover the power of storytelling and how it can shift the narrative, develop leadership skills to create positive change, connect with impactful community leaders, and become GOSO ambassadors. Emerging Leaders each receive a program stipend.

Vocational Training and Certification

We offer free monthly vocational trainings on-site at GOSO, preparing participants for careers in industries like construction, maintenance, and warehousing. Offerings include Scaffolding and Flagging Training, OSHA 30-Hour Construction Training, General Industry OSHA Training, and OSHA 16-Hour Security and Fireguard Training. We also cover the cost of professional licensing, like the NYS Security Guard license and the Drivers License Pre-licensing training course.

Everyday Resources

Our East Harlem offices are safe spaces where participants can come and find essential, everyday support. They can access new clothing, hygiene products, and furniture from our donation closet, as well as books from our library. We have a fully stocked communal kitchen where our participants can refuel with a meal or snack, and take food to a job site or back home.

Participants have access to computers, phones, and printers during operating hours. We also provide vouchers for local barbershops so participants can get a haircut for an upcoming interview or event.

Visit <https://www.gosonyc.org/volunteer/> for information on volunteering and an application

Substance Abuse

Phoenix House

2191 Third Ave New York, NY 10035 • (212) 831-1555 • phoenixhouseny.org

For over 50 years, Phoenix House has helped thousands of people overcome addiction in order to lead healthy, productive, and rewarding lives. In 1967, six heroin addicts came together at a detoxification program in a New York hospital. They moved into a brownstone in Manhattan and lived as a community; encouraging one another to stay sober. Phoenix House was born and became a model for a citywide treatment network.

We are committed to supporting individuals and families by providing a wide range of services, including treatment for substance users with mental health challenges; Outpatient and intensive outpatient services as well as residential treatment. We have a specialized focus on providing services for military personnel, veterans, and their families. We offer medication assisted treatment at all of our locations.

Visit this website to see what locations offer what programs:

<https://phoenixhouseny.org/our-programs/>

Call the Phoenix House for more about what we do and how you can help:

(646) 505-2000 or see more at

<http://www.phoenixhouse.org/about/careers/volunteer-opportunities>

Odyssey House

219 East 121st Street New York, NY 10035 • 866-888-7880 • www.odysseyhouseinc.org

Odyssey House is a comprehensive social services agency based in New York City. Our innovative programs help individuals and families deal with substance use disorders, mental illness and medical problems. From working with adolescents to senior citizens, we make sure that all of these individuals get the best treatment available to overcome their drug problems.

Program Services

Outpatient Treatment, Residential Treatment

- Odyssey House's outpatient and residential programs share the same focus: your total well-being. This includes helping you maintain your recovery, improve your health, strengthen your home and family, and enhance your career and education.

- An experienced Odyssey House counselor will talk to you, evaluate your needs, and design a personalized outpatient program for you based on proven evidence-based practices. Your program may include:
- Individual, group, and family therapy
- Health education seminars, Relapse prevention
- Trauma recovery and empowerment
- Anger management and domestic violence prevention
- Medication-assisted treatment: Naltrexone (Vivitrol, Revia)
- Opioid overdose prevention and training
- Pharmacological and psychopharmacological support
- Psychiatric evaluations and integrated care for depression, anxiety, and other conditions
- Education and job counseling
- Parenting skills
- Housing support, including HRA 2010e applications
- Home and community-based services (requires Health Home referral)

Medication-Assisted Treatment

Medication-Assisted Treatment (MAT) is pharmacotherapy used to support treatment and recovery efforts for people seeking to overcome addictive disorders. It combines prescribed medications with counseling and behavioral therapies, monitoring, community-based services, and recovery supports. MAT is designed to assist, not replace other treatment and recovery efforts, and supplements psychological, behavioral, and social interventions.

This treatment approach has been shown to:

- Reduce the risk of overdose
- Increase retention in treatment
- Decrease opiate use and other illicit activity among people with substance use disorders
Increase the ability to gain and maintain employment
- Improve birth outcomes among pregnant women who have substance use disorders

Harm Reduction Services

Harm reduction is precisely what it sounds like: reducing the harm associated with using drugs through various tools and strategies. These services aim to decrease the stigma associated with addiction, increase health literacy, and connect you with additional community-based services as needed and wanted.

At Odyssey House, you'll have access to harm reduction tools such as:

- Opioid overdose reversal training (Narcan)
- Fentanyl residue test strips (Outpatient Services and Recovery Center clients)
- Safer sex counseling, condoms, and dental dams
- Screening for infectious diseases: Hepatitis C, STDs, HIV
- Nicotine replacement therapy

Visit for more info: <https://odysseyhousenyc.org/nyc-drug-alcohol-rehab/>

Eligibility Information:

Services available for adults 17 and older Services available to New York City residents Health insurance is not required, no income requirement, no living arrangement requirement, and you must obtain a referral

Phase Piggy Back

501 W 148th St New York, NY 10031 • (212) 281-5695 • <http://www.phasepiggyback.org/>

An organization, which seeks to fulfill the dreams of rising Harlem from being inadequate in sanitation services, health services, educational services, social services, and the dangerous growing levels of drug abuse.

Program Services

Striver House

Re-socializes homeless individuals with a history of chemical dependency who are homeless at the time of admission (special consideration for Harlem's homeless is given)

Project Helping Hand

- Addresses the needs of people with limited resources including:
- The homeless
- The hungry
- The chemically dependent
- The psychiatrically disabled
- The aged, and
- Persons living with HIV/AIDS in the Harlem community

Youth Intervention & Development

Intended for youngsters between the ages of 7 and 14 at risk of drug experimentation, drug use, and/or who are socially and academically dysfunctional. There are positive and constructive activities such as: homework offered. Effective substance abuse prevention and education are used. Modality that is based on understanding the causes and precursors, which place young people at risk and provide viable alternatives that offer options and opportunities. Also there is assistance, computer literacy, substance abuse prevention/counseling, cultural awareness, and rights of passage program, parenting education seminars/workshops, and more.

Adult Re-socialization Unit

Targets African American/Latino-American, males and females, 18 years and older who reside in the five boroughs and are currently abusing any mind altering substance (including methadone and alcohol).

The Resocialization process consists of:

- Individual Counseling, Group Therapy, Relapse Prevention
- Groups, HIV/AIDS Education, Pre-vocational Workshops, Total Health and Nutrition Enrichment, Cultural Awareness Groups, Acupuncture, and Adult Basic Education/GED Classes and Computer Literacy Courses.

Eligibility Information:

Services available for adults age 18 and older Services available to New York City residents Services are free of charge

- Health insurance is not required
- There is no income requirement for some services There is no living arrangement requirement Identification is required for males only
- No services available for individuals with a history of sexual offense or arson charges

- Must have a physical, blood work, and TB testing
- Walk-ins are welcome

High School Equivalency Programs

The New High School Equivalency Test for New York State

Website: <https://www.ged.com/new-york-students/>

What is on the exam?

The GED® test is made up of 4 subjects, broken into separate exams. You don't have to take all 4 tests at once – you can space them out however it suits you and go at your own pace. Here is an overview of what is on the GED, by subject area. **Free to take in NY**

Mathematical Reasoning

- Basic Math
- Geometry
- Basic Algebra
- Graphs and Functions

Reasoning Through Language Arts

- Reading for Meaning
- Identifying and Creating Arguments
- Grammar and Language

Science

- Reading for Meaning in Science
- Designing and Interpreting Science Experiments
- Using Numbers and Graphics in Science

Social Studies

- Reading for Meaning in Social Studies
- Analyzing Historical Events and Arguments in Social Studies
- Using Numbers and Graphs in Social Studies

Accommodations

- Learning & Cognitive Disorders (LCD)
- Attention Deficit/ Hyperactivity Disorder (ADHD)
- Psychological & Psychiatric Disorders (EPP)
- Physical Disabilities & Chronic Health Conditions (PCH)

You may appeal an accommodations decision if you're unhappy with the outcome. Simply click on the "Request an Appeal" button in the Accommodations System to start the appeal process. Please include additional documentation along with the appeal form (i.e. letter from a doctor, report, etc) to review if possible.

What's Needed to Take the Online GED Test

- Computer, Webcam, Internet
- Private Workspace
- Government-issued Id

- ‘Green’ GED Ready Score

<https://www.ged.com/take-the-ged-test-online/>

New York State GED Test Requirements

The minimum age to take the GED exam in New York is 16. Applicants 16, 17, and 18 years old, however, must meet some additional, strict criteria. They must be, for example, officially withdrawn from school, have parental consent, and hold permission from their school districts.

Pathways to Graduation

Link to locations: <https://p2g.nyc/location-2024/> • 718-557-2590 • p2g.nyc

Pathways to Graduation provides students with the tools necessary to earn their High School Equivalency Diploma and college and career success. Students can choose to participate in a full-time or part-time program. Pathways to Graduation is **free** and has many locations throughout the five boroughs. Pathways to Graduation serves students 18 - 21; 17 year old students may only enroll with parent or guardian permission, though final determinations are considered on a case-by-case basis. Are you older than 21 and interested in obtaining your High School Equivalency Diploma? Contact the [Office of Adult & Continuing Education](#) at <http://www.pathtograd.org>

Pathways to Graduation Offers:

- ESL and Spanish bilingual preparation for the high school equivalency diploma
- Paid internships
 - In sites throughout Pathways to Graduation there are opportunities for students to learn trades and skills in paid and unpaid internships.
- Instruction from certified teachers in all five sections of the High School Equivalency exam: Reading, Writing, Math, Science, Social Studies
- Rolling admission which enables students to enroll throughout the school year
- Instruction for ALL reading and language levels
- Breakfast and/or lunch are provided at some sites to eligible students
- Metrocards for all eligible students
- College & Career Resource Centers (CCRC) to coach students and guide students for college and career success
 - Every borough has a College & Career Resource Center (CCRC) that functions as the epicenter for activity on preparing students for life after Pathways to Graduation. The CCRC has staff that coach students through the college and job application process in order to ensure their success upon leaving Pathways to Graduation.
- Partnerships with organizations like Opportunities for a Better Tomorrow, YMCA, The Door and CUNY City University of New York. Students get support from licensed Guidance Counselors, Social Workers, and support staff.

Manhattan Community Board 10 Members

*Marquis A. Harrison, Chair; Charles Powell, 1st Vice-Chair; Charles Johnson, 2nd Vice-Chair;
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